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COACH & ATHLETE

Vol. XII

A Magazine for Coaches, Players, Officials and Jans

No. 9

May, 1950 25¢

> MARVIN CICHOWSKI University of Alabama

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IN THIS ISSUE

William A. Alexander by Edwin Camp	8
The High Jump by Tom Lieb	10
Editorials	12
Sprinting by Clyde Littlefield	14
Basketball at Western Kentuckyby Warren Koon	16
Lanier's System of Basketball by Selby H. Buck	18
Court "Jewel" of A & M by Dub King	20
Training for Wrestlingby Albert C. Gwynne	24
Sports Sketch — Rex Enright, University of South Carolinaby John S. McKenzie	26
Traveling Around the Southern Conference by Jack Horner	27
Southern Co-Ed — Betty Sue Garner, Judson College	28
Scout Report by Dwight Keith	30
Rambling With a Rebel by Mays Hunter	31
Prep Parade in North Carolina by George Webb	33
Texas Round-Up by Stan Lambert	34
SPORTS SUMMARIES	
Texas	35
by Stan Lambert Alabama	40
by Ronald Weathers Kentucky	41
by Johnny Carrico Mississippi	42
by Mays Hunter South Carolina	
by Don Barton Florida	
by Ray Charleston	11

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William A. Alexander

By EDWIN CAMP ("Ole Timer")

O^N A sultry day in August, 1930, I sought out William A. Alexander on a strange mission. I had been asked to offer him the position of head coach of football at the University of Alabama.

It was with reluctance I went about the errand. I had met Mr. Alexander only casually, though of course I had heard a great deal about him and we had many friends in common. The Alabama situation, in which I had become involved, had reached a delicate stage, and here was I, a stranger and bearing no credentials, approaching him and making a proposition of extreme gravity.

What had happened was this: Wallace Wade had resigned in April, to go to Duke at the end of the year. I had had considerable to do with negotiations that led in June to Frank Thomas' verbal acceptance of the job Mr. Wade was leaving.

A hitch had developed in that transaction and apparently Mr. Thomas had counted himself out. Dr. George H. Denny, then president of Alabama and the autocrat of its football, found himself in a jam, with Wade going, no coach signed and strong pressure from an alumni faction for a man Dr. Denny did not want.

Rather ruthlessly, Dr. Denny put it up to me to get him out of the predicament which he said I had got him into. "See if you can't get Mehre or Alexander for me," he said.

I said I would have no part in his obtaining Mehre; that I thought he was doing a swell job at Georgia and such action would be disloyal to my old college.

So, with trepidation I went to see Mr. Alexander. He listened gravely while I told him the Alabama post was his for the asking, subject to agreement as to pay, term of contract and staff assistance. I told him I was sure there would be no trouble about agreement. The pay probably would be a great deal more than what he was getting, Alabama being prosperous. Dr. Denny held him in high respect and, to be frank about it, was on the spot for a "name coach."

When I had finished, Mr. Alexander said, "I would not consider the proposition."

Then like the mathematician he was, working out a theorem, he went on:

"I am not sure I would be a good coach at Alabama. In fact, I am pretty sure I would not be. I am not sure I would be a good coach anywhere, except here at Tech.

"Come to think of it, I'm not sure I'm a good coach here, but I'm going to stay as long as I can. Some people think that won't be long. We lost last fall to North Carolina, Tulane, Notre Dame, Vanderbilt and Georgia. That's a come-down for a Rose Bowl team, and it looks like it might be just as bad this fall."

He chuckled and those steel-blue eyes, which could emit sparks of fire, twinkled and the crow's feet rippled as he said: "That would put Dr. Denny in a worse fix on January 1 than he is now."

Serious again, he said: "No, I'm here to stay as long as I can. I have been here a long time. I hope to be here from now on. My roots are down here, my interest is here, my heart's here. I wouldn't be happy anywhere else, and probably wouldn't be any good anywhere else."

The invincible sincerity of the words stopped me right there. I could have moved Stone Mountain more easily.

Then he said something I've thought of a thousand times since. "I would not make a contract to work for anybody, anywhere. I'm going to be free to quit, right then, when I want to quit. I won't work or draw pay from anybody who does not want me."

The Alabama problem settled itself and to the satisfaction of all. Mr. Thomas went, and accomplished great things. The phase that I am here relating, for the first time and after 20 years, gave me insight into the character of William A. Alexander and a respect and admiration which grew into deep affection as the decades passed.

In '34 I foregathered one August afternoon with a few football notables (Continued on page 32)

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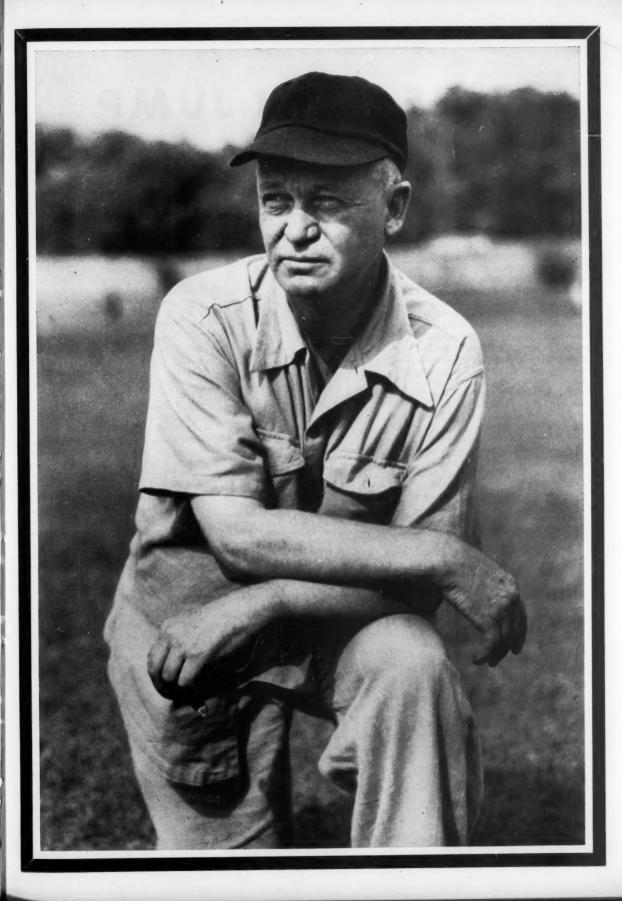
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THE HIGH JUMP

By TOM LIEB Track Coach, University of Alabama

VERTAIN individuals can be taught to jump a few inches over their own height. In this day and age a 5' 4" competitor has no chance in the high jump. First of all in searching for a high jump competitor, be like the basketball coaches - "look for a goon" with a lot of height and natural spring. Then after you have located this type of individual there are certain guiding instructions you can give him to develop a jumping technique. Some men have natural ability to spring high in the air and some others may develop this skill. I know several high jump candidates who had good initial ability, and after a few weeks of expert coaching, they jumped 5' 10" instead of 6' 2" they were capable of jumping when they started. High jump coaching can oftentimes result in over coaching and destroy the native ability of their prospects.

Two years ago I saw a boy in a state high school meet, competing without shoes and using the scissors form of jump, clear 5' 11". This boy was from a rural community and his school did not have a track team. He hitch hiked his way to the state meet and was very much surprised that his jumping ability won him the state championship. After clearing 5' 11" and winning the event, and attracting considerable attention from the crowd by his scissors jump, he decided that maybe he could jump the way all the other competitors jumped, and tried the western roll form. The bar was raised to 6' 1" and instead of approaching from his usual right side he ran at the bar from the left, and took off from his left foot, and cleared 6' 1" without any difficulty in his bare feet. Immediately everyone in the crowd said that there is a great high jump prospect. I have watched this boy the past two years and in regular track equipment with spike shoes and serious coaching he is now jumping 6' with the western roll. I believe that he will eventually be a great jumper; but teaching him a new style has so far been of little help to him, as I have seen him several times run straight at the cross bar approaching it at a right



Tom Lieb is starting his fourth season on the Alabama staff as head track coach and assistant football coach. A 1923 graduate of Notre Dame, Lieb was a teammate of Alabama Athletic Director Frank Thomas during his playing days under Knute Rockne. He served as line coach at Notre Dame for two years following his graduation and then went to the University of Wisconsin for three seasons before returning to the South Bend school in 1929 to help lead the Irish to a national championship. In 1930 Lieb was ammed head football coach and athletic director at Loyola University of Los Angeles, where he remained for 10 years.

Lieb came to the University of Florida in 1940 and served as head football coach and director of athletics until May, 1946, when he rejoined Thomas at the Capstone. One of Notre Dame's greatest athletes, Lieb lettered in football, baseball, hockey and track. A native of Faribault, Minn., he played both halfback and tackle on the gridiron and was a member of the United States' 1924 Olympic team after setting an American discus record.

angle and spring high in the air and draw both feet over at a height of 6'.

I believe that many good jumpers are spoiled by over coaching, and the boys, if left alone, would probably jump higher in a form that they are accustomed to and have native ability. Every high jump prospect has a little different technique and a

different mental attitude and temperament, hence, they all cannot be coached to jump alike and very seldom will you find two boys who do jump exactly alike.

Since the adoption of the T type of standard in the high jump, and the change in the rule that a man may dive or partially dive, high jumping has changed in technique a great deal. I remember not many years back when certain competitors that were regarded as the best in the nation would devise a form that would enable them to get in contact with the bar either with their hand or knee and with a backward pressure keep it from being displaced. I know of one individual in particular, who was very clever at placing his left hand on the bar, and with a slight pressure push the cross bar down and toward the old type of standard while he was jumping. This same individual set the world's record, and when he made his jump, he sprung the bar at least three inches while his body was going over it. When he released his hand, the bar flapped up and down several times, but did not become displaced: and when the measurement was made he had a world's record. This type of jump would not work on the present high jump standard, but was very successful when the high jump was completed with pole vault standards holding the bar.

THE BELLY ROLL

There are many forms or names given to types of jumpers, but I think the style that is becoming most popular is the "belly roll" or "straddle" style over the bar. This latter form I will try to discuss briefly. I believe the belly roll form of jump is an out-growth of the western style, in which a man approaches the bar and takes off with the foot nearest to the cross bar. I have known several boys to increase their jumping ability about 3" by changing from the western to the belly roll. The technique of take-off in both jumps is very similar, but the main difference is the position of the jumper over the bar. In the western type of jump, a jumper in clearing the bar has his side or hip nearest

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the bar, and as he rolls over he lands on the foot he took off with. In the belly roll jump, when executed with good form, a jumper at his maximum height over the bar has his body horizontal to the bar, face down with his nose and belt buckle directly over the bar, with his arms and legs extended on each side. As his forward momentum carries him over, he comes down into the pit on the foot that crossed the bar first, and practically does an upside down scissors motion with the leg on which he takes off.

To describe in words the entire action of a jumper would take a small volume to include all of the details, but the enclosed picture of Richard Hanson tells the story. Hanson has changed from the western type of jump to the form shown The change-over was very easy but gradual. He jumped 6' with the western roll and has cleared 6' 4" several times with his present style. I believe that a change of form was justified in Hanson's case, as it has made him a consistent point winner, and in the past three years he has placed in all meets with the exception of one, and that meet was won at 6' 6" and Hanson cleared 6' 3", but was out of the

In working with new high jump prospects, I generally let them jump a few days the way they are accustomed to jumping, and then suggest to them that perhaps some other type of jump would be to their best advantage. I believe a coach should have a positive frame of mind and not negative conversation with his prospects both in the high jump and pole vault at all times. In other words it is best not to tell a boy "don't do this" or "don't do that," but in your approach say, "I would like to see you try this," or "I believe if you would do it this way you could jump better"; and with this approach you will get the confidence of the boy and make him a better competitor, if he works out his own form with your guidance. If you give a boy a lot of "don't's" he is mentally upset and goes into his workout in a frame of mind, that everything he does is wrong. If you wish to change a boy from western style or roll to the belly roll jump, I believe a good approach is to have him first extend his leading foot over the bar with a vigorous kick and soon you will find that he is gradually changing his form of jumping, and then suggest that he get in an upward kick with the leg that he takes off with when he is over the bar. Before long you will find that

he is using a different style and his technique is entirely different, as he will be over the bar upside down with his belly to the bar instead of his hip.

The usual technique of jumping as in the western style holds true in the straddle style as to approach and take-off, but I accentuate to all jumpers that their last step before going into the air should be shorter. and that when they leave the ground, they should spring to a vertical position drawing both arms up and making their jump in front of the bar instead of at the bar. Too many jumpers in their effort at high jumping go too fast and too hard at the bar and the result is that they are broad jumping and not getting their maximum height, hence a coach should work at least once a week with his men to get the maximum height over the bar and try to impress upon them that the jump should be made straight in the air and that their running momentum will carry them over. You and I have often seen a high jumper in jumping at the wrong angle land a couple of feet outside of the pit and spend a big per cent of his energy in jumping laterally instead of upward. In the belly roll jump a jumper should approach the bar with a cat like stride, saving and directing all of his energy for the upward lift.

THREE STEP JUMP

An exercise that I have found to be very helpful and beneficial to my jumpers is what I call the three-step jump. In describing this let me say that twice a week we place the bar at a height the men can clear easily and then have them stand at the point where they would normally take their last three steps on their take-off. From this position they can work and jump two or three times a week, especially beginners, without undue fatigue and develop their spring and jumping form very easily. With the bar at 5' the jumper stands three strides in the direction of his take off away from the bar. From this position he can step in and jump working for form and working on any particular phase that he has to develop. A 6' jumper will jump 5' 6" or 5' 8" with the three step take off and at this height he is not straining himself, but he can get in a good work-out and develop his technique without a lot of supervision and he is eliminating a lot of the common errors that will come about with a longer run. I recommend the three step practice to anyone who is changing from one form to another, and also recommend it for the development of the jumping leg. This practice also helps a man who has the habit of broad jumping in high jump competition, as it forces him to jump in front of the bar instead of at it.

Three step high jumping is a very good exercise for most types of competitors, namely, hurdlers, pole

(Continued on page 21)



RICHARD HANSON, Alabama's High Jump Star. He high jumped 6'4" and broad jumped 23'434" last season. He attended Phillips High School in Birmingham and is at present a junior at Alabama, majoring in business administration.

Editorials



W. A. Alexander



Si Monumentum requiris, circumspice

The builder is dead. W. A. Alexander, the coach, the organizer, the administrator, the builder—went to sleep the night of April 22, following a normal day's work, and quietly passed "to the other side of the river" during the night.

Born in Mud River, Kentucky, June 6, 1889, Coach Alex enrolled in Georgia Tech as a student in 1906. He was a member of the football squad of 1907, 1908 and 1909 and served as student assistant coach in 1910. He became assistant to John W. Heisman in 1912 and succeeded him as head coach in 1920. He resigned as football coach in 1945, but continued as Athletic Director and added the organization and supervision of the physical training program to his duties.

As a coach, he saw his teams win 133 games, lose 95 and tie 8. This record is more impressive when viewed in the light of the difficult schedules and Tech's rigid scholastic requirements. Coach Alex was the first to place teams in all four major bowls — Rose Bowl, 1929; Orange Bowl, 1940; Cotton Bowl, 1943; Sugar Bowl, 1944; and Orange Bowl again in 1945.

He served for many years on the Football Rules Committee, was president of the Football Coaches Association and, in 1942, was chosen "Coach of the Year"—an award based on "skill as a football teacher, reputation for sportsmanship, achievement in competition, influence for the welfare of football, and ideal relationship to his players." In 1946, he received the Stagg award, given by the American Coaches Association to the individual who "has done the most worthy job toward the advancement of the best interests of football." In 1948, he was selected to receive the award of the National Touchdown Club of New York City for his contribution to football over a long period of

time. In 1942, the Atlanta Chamber of Commerce awarded him its "Certificate of Achievement" as the first citizen of the city.

The Builder

These and numerous other honors Coach Alex attained as a coach, vet he is best characterized as a builder. He took over the Georgia Tech Athletic Department when it was in debt and without adequate facilities. Under his leadership it was brought out of the red and improvements totaling over \$4,000,000 were added to the plant without cost to the taxpayers. Included among these were an enlarged stadium, athletic office building, baseball field and stands, football practice field, tennis courts and field for intra-murals. He had plans drawn for a field house which will be one of the best in the nation. Plans for this building have been approved and it will become a reality in the course of about three years. It will be a memorial to William A. Alexander.

Coach Alex's greatest building projects, however, were in the moral and spiritual realms. In the hearts of his players and those who have worked with him is implanted a spirit that will live and grow down through the years as a monument to a great coach and a great builder.

Christopher Wren, the architect who built St. Paul's Cathedral in London, is buried under its choir. Over his tomb is the inscription: "If you seek his monument, look around you!" This is true of William A. Alexander. If you seek his monument, you will find it about the campus at Georgia Tech and in the hearts of the thousands who knew him, loved him, trusted him — followed him!

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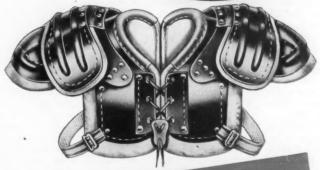
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SPRINTING

By CLYDE LITTLEFIELD

Track Coach, University of Texas

EDITOR'S NOTE: This completes Coach Littlefield's article on sprinting which began in April issue. Future issues will carry articles by him on relays.

THE START

All agree that the three points concerning which a sprinter must make a scientific study, if he expects to become a champion, are: (1) start, (2) stride, and (3) finish.

The crouching start is superior to the standing start. The start is made from holes or blocks. It is always well to see that the holes or blocks are firm and strong. Don't give them a chance to pull out and ruin a good race. It is an excellent plan to dig back of holes with a perpendicular wall. Leave space between knee and foot on mark to avoid wobble at start.

Most men start with their right foot back; there are few exceptions. If starting with left leg back, the form is the same, only reversing the movements. The hands should be behind the starting line, with the thumb and forefinger on a parallel line. The left foot should be approximately a foot back of the line - although this distance may vary. Place the right knee about on a line with the instep of the left foot; most men seem to like the right foot a little closer up than that, since it seems to give a little more security on the crouch. Place the right foot back in the hole.

At the "get set" signal, the body should be brought slowly forward to a point where the shoulders are just a little bit ahead of the hands. Keep the arms straight and outside of knees, the head straight or natural, and the eyes set about three to ten yards down the track. The back should be nearly a straight line. This is where the biggest fault is: in getting the back too high or too low. The weight of the body should be on the left foot and hands, the right firm on block or back of hole to shove off at the gun. Starters push off with both feet. It is good form to keep the right leg, from knee to hip, in a perpendicular position. When the command "get set" is

Coach Littlefield is a former Three-Sport Star at the University of Texas. He is now in his 31st year of service on the Longhorn coaching staff. He is known as "Mr. Track of the Southwest," having originated the Texas Relays and his teams have won 17 conference championships. Among the great stars he has developed are Jim Reese, the best miler in the United States in 1925; Rufus Haggard in the high jump, Chink Wallender, Jud Atchison and Beefus Bryan in the '30's; then Jack Hughes, Boyce Gatewood, Mac Umstattd, Charley Parker, Allen Lawler and Jerry Thompson.

given, raise the right knee somewhere about as high as ankle bone on left leg. When "on the mark" is given, be relaxed, concentrate on the sound. Never think of the gun. Think only of getting started. At the start, bring the right leg up fast and sharply, throwing the right arm back (not too high) and the left straight out in front. This arm action is very important, since it is the main force that pulls the man out of his holes in a fast, smooth start. The first few steps should be shorter, hard-driving ones, with the arms moving vigorously and in rhythm. After eight or ten such steps, the runner will get into his stride gently and easily. Keep toes and legs straight down the track. Do not let the beginner take you off the mark. Do not learn how to try to beat the gun. You can learn in a moment how to beat the gun, but it takes time to start correctly. Be fully set and then mentally alert. Do not anticipate the start. It is proper to learn to come out of the holes with a natural stride. Some men can start better with their feet together. Remember the foundation of all starting is in taking a position so that one may come out fast and increase his speed without a break or pause, thus getting into the stride. A few sprinters start fast for three or four strides, then break a little and good starters pass them by on to their stride. Sprinters must learn how to run with a fast field as well as with the slow ones. If he fights himself and "ties up," he is lost. A good, correct start means a good ending. The more uniform the first strides, the better speed can be generated. Men develop sense of sound by practicing with the report of the pistol.

The starter has command of the start. He should see that all the men are ready and have a fair start. Many coaches have learned that the commands "stand on marks," "go to marks," "get set," and "gun" have proven successful.

THE STRIDE

After the start the sprinter gets into what is called the stride. The straight form of running must be maintained from the moment the mark is left behind. Many novice sprinters pull their muscles together without coordination. It does not get results. As the sprinter comes out of the holes he gradually comes up, going into the stride. He gets the momentum in the start. He should not be up to his normal stride under at least ten yards. At the same time he should keep his legs under him.

In the stride it is well to remember the value of a quick "pick-up" or fast leg action. In this fact leg action get the downward movement of foot or foreleg at the end of the forward action of the knee. This method will help keep body angle (if performed vigorously) and, at the same time, will add additional forward momentum. The contestant should be careful that this type of running does not shorten his stride. Do not swing legs to the side or lift them too high or behind the body. A good relaxed hip motion with legs will help in maintaining the stride.

THE FINISH

Somewhere near the finish the runner must learn how to increase his speed. This means that most good performers have experienced in their races a place to put forth a quick burst of speed. In other words, he has conserved his pace to give a finish. Any finish action that tends to force the upper body forward without undue loss of balance is desirable. A vigorous arm and leg ac-

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Basketball at

WESTERN KENTUCKY

By WARREN KOON

WHILE Adolph Rupp is undoubtedly Mr. Basketball in the state of Kentucky from the national viewpoint, the grand old master of Bluegrass basketball, state variety, is Mr. Ed Diddle, chief custodian of the Western Kentucky State Hilltoppers with one of the finest basketball records in the nation.

For with the entry of this year's team in the National Invitation Tournament in New York, which boasts the cream of the country's crop, Uncle Ed, as he is known over Kentucky, climaxes another season of almost miraculous basketball at the little school clinging to the hilltops of Bowling Green, Kentucky.

In 28 years under his guiding hands, the Hilltoppers have chalked up one of the most enviable basketball records on the books and Uncle Ed himself may boast of a few. Diddle is, reports to the contrary lacking, the only coach in the nation to have won 500 or more games coaching at the same school. The Hilltoppers closed out the 1949-50 campaign with a 24-5 won-loss record, bringing to 512 the number of victories won by Diddle - coached Topper teams since the venerable "Old Fox" took over the reins at Western in 1922; 100 of them in tournament play.

Even more remarkable, stacked against those 512 wins, Diddle can proudly point to a record of only 168 losses.

Nor does tournament play have any effect on the remarkable Mr.



Coach Ed Diddle, left, with Assistant Coach Ted Hornbeck.



WESTERN KENTUCKY'S 1949-50 SQUAD

Diddle. His teams have blithely breezed along to such records as 13 times champion of the Kentucky Intercollegiate Athletic Conference; eight times winners of the Southern Intercollegiate Athletic Association tourney; champions of the first Ohio Valley Conference tourney held last year and runners-up to Eastern Kentucky this season; Southern representatives in the Olympic Play-offs in 1936; Southern representatives in the National Collegiate Athletic Association tourney in 1940; runners-up in the National Invitation of 1942; quarter-finalists, National Invitation, 1943; placed third, National Invitation, 1948, and quarter-finalists in the same big national meet last season.

The man who has paced the Hill-toppers to their National Invitation bids this year and last, is Bob Lavoy, giant center, who is 6-foot 9, and as smooth a hook shot and pivot artist as the nation affords. Reliable Robert, ranked eighth in the nation in scoring, pitched in 622 points in those 29 games for a 21.5 per game average. Lavoy compiled an amazing 44 per cent shooting average on 252 field goals in 577 shots at the basket.

Rounding out the first five is Buddy Cate, tall sharp shooting forward and big Rip Gish, a driving, rebounding demon. The guards are little Gene Rhodes and Johnny Givens, who perfectly symbolize Mr. Diddle's formula of "run hard, drive hard and shoot often."

Diddle will be without the services of Lavoy next year, even though the big boy is just a junior this season. He used his third year of eligibility this season and right now is seeking a professional basketball berth to join five other ex-Westerners who have made their marks in the pros. The five, all coached by Diddle, who are active in the play-for-pay ranks: Don Ray and Dee Gibson of the Tri-Cities Blackhawks; Johnny Oldham of the Fort Wayne Pistons; Odie Spears, Chicago Stags, who held the single-season scoring record for the Hilltoppers until Lavoy broke it this year; Carlyle Towery, 1940 All-America now with the Baltimore Colts.

Diddle, incidentally, was one of the two coaches invited by the United States Air Force to hold a coaching clinic in Wiesbaden, Germany, from November 7 through 12.

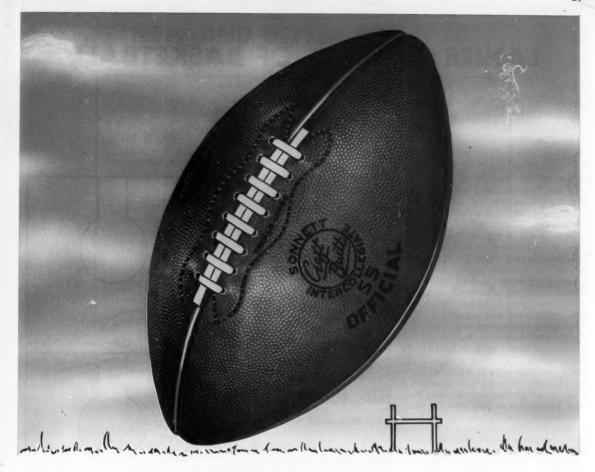
This year's Hilltopper team set 16 new records for the teams of the future to shoot at, and Lavoy was personally responsible for six indi-

(Continued on page 50)

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LANIER'S SYSTEM OF BASKETBALL

By SELBY H. BUCK Basketball Coach, Lanier High School Macon, Georgia

During the past 25 years many people have asked just what is the Lanier system of basketball. Having observed and watched many names applied to different tyes of offense, it will be hard to classify the play of Lanier teams in any of these specific standard types of plays. I would say Lanier's basketball is a philosophy rather than a system. There is nothing sensational or new about their system of play. Many of the well-known and popular parts of standard systems are used. Probably the most consistent thing that we attempt to instill in the players is the progress of the man who passes the ball in following in the direction of his pass. While we have changed many things throughout the years to suit the ability of our players, we have never varied from this fundamental principle. In doing this, we have many times run into defenses that pressed hard to intercept passes thrown, not knowing that our players were following in line of that pass and hoping for an interception that would carry them towards our goal without anyone in their path. This has caused a special defensive maneuver which we call defensive balance. (See diagram #1).

While I suppose you would call our offense a set offense with specific plays, we do not think of it in those terms; rather we characterize it as a continuity of motion. We attempt to make triangles out of any three boys in the vicinity of the ball when the play starts. I guess probably if you were trying to place a name upon Lanier's basketball, you might call it a system of triangles. (See diagram #2).

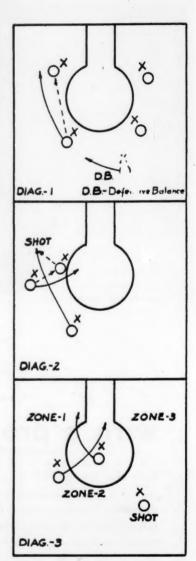
Throughout the years, we have had our share of tall basketball players. Notably, in the late 1920's, Catfish Smith, famous Georgia basketball captain; later in the early 30's, Jack Farren, University of Georgia's basketball captain; and in the late 30's, Joe Morrow, all-state and later semi-pro player; and in the early 40's, Jim Nolan, captain at Lanier and Georgia Tech. These boys were all well over six feet. But many of our best teams



Coach Buck calmly talks with players during time-out period.

were composed of players of average size. This has caused us to make intensive study of backboard coverage and we adopted a pattern that we believe has given us control of the backboard more than our share of the time. Doing this, we use a simplified four-zone system. On plays in which a shot is attempted, there is a definite assignement to cover the backboard from far-side and middle, leaving near-side to the man who shoots the ball. (See diagram #42)

So much for offense. On defense we have been a strong believer in the man-to-man system of defense, even in an era of the so-called legal screen, which we ourselves use to the full advantage of the rules and realize that it frequently places a defensive man at a disadvantage to keep position on his opponent, and forces us to change assignments, which we do readily. We still believe that you have more opportunity to encourage fine defensive play when you have the opportunity to appeal to the boy that his assignment on the court is to outplay his opponent. While we work against zone defenses extensively, we have



not resorted to this style of defense in the last 20 years, believing that it slows up the game of basketball and lacks spectator appeal. We think basketball's greatest appeal to the spectator is that it is a fast-moving game of action and we hope we will be able to contribute our part to this theory.

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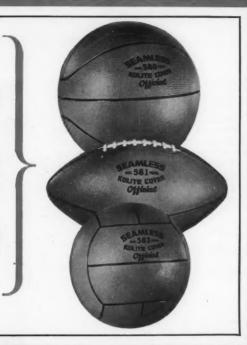
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COURT "JEWELL" OF A & M

By DUB KING

The Texas Aggies, no longer a pushover for their basketball opponents, believe they'll have one of the finest little cagers in the country when the 1950-51 campaign rolls around next December.

He's Jewell McDowell, the perpetual-motion guard, and if the big Southwest area has a candidate for All-America honors next season, McDowell will be the man.

For the season just closed, McDowell was a unanimous choice for the first All-Southwest Conference quintet. He made every all-conference team that was picked, and Jinx Tucker, oldest living basketball writer in Texas, unhesitatingly described McDowell as "the best all-around player in the Southwest Conference."

More post-season honors came when he landed on Look Magazine's All-District Six fivesome as selected by the Basketball Writers Association. Only three other players on Texas teams made the club and two of them are seniors. The team was composed of Arizona's Leon Blevins, Arkansas' Jimmy Cathcart, Tom Hamilton of Texas and Jack Brown of SMU.

McDowell broke nearly every existing Texas A & M scoring record by averaging 13.9 points in 24 games. But it was on defense that he really got in his good licks.

He had no peers in the entire Southwest and few in the whole country in latching on to an opponent and reducing his scoring output to shambles.

He stopped Long Island's Leroy Smith as the Negro guard has never been stopped before or since. Smith wound up with four points, McDowell garnered 14 in his first Garden appearance.

Two nights later, McDowell hog-tied Emilio Sinicola, high-scoring Niagara star.

In the first eight games, the men McDowell guarded averaged but seven points per game, and keep in mind that he always was assigned to guard the enemy's best scorer, post men excepted.

McDowell is only eight inches above five feet, but he is as quick and agile as a cat, cutting through screens, intercepting passes, blocking shots and grabbing rebounds.

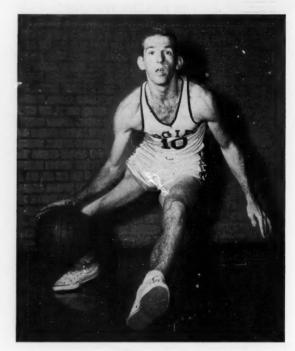
A week before the Aggies were to meet Rice, the Owls engaged Arkansas. Coach Marty Karow scouted the game and brought back this report. "J. D. White scored 18 points for Rice, hitting every type of shot. If we hope to win, we'll have to stop him."

McDowell asked for the assignment of guarding White. He held the Owl hotshot to one lonesome free throw, and White fouled out trying to stop McDowell who poured in 17 points.

He is a "pressure" player, never letting the roars of the crowd, closeness of the game in the late stages or a close call by the officials cause him to change his style of play. An expert dribbler and long shot artist, he is extremely difficult to guard.

McDowell is credited with making the "Most Dramatic Shot of 1950 in a College Basketball Game in the Southwest."

On Friday night, Feb. 10th, the Aggies fought an up-hill battle to tie Baylor, 48-48, as time in the regular game expired. With four minutes and 59 seconds of the



Jewell McDowell, Texas A & M's All-Southwest Conference guard.

overtime period gone, McDowell fired a shot from 40 feet out. The ball spun high into the air as the buzzer sounded, then ducked through the mesh and the Cadets won, 56-54, to take over the Southwest Conference lead.

A week before, McDowell's heroics brought the Aggies a 56-45 decision over the Bruins. Thus, Texas A & M was the only league team able to score a clean sweep of two victories over Baylor, which represented District Six in the NCAA play-offs at Kansas City.

Gene Gregston of the Fort Worth Star Telegram says McDowell is by far the best college basketball player he saw perform in 1950 and adds that if some teams had him to direct their clubs they'd win the 1951 race in a walkaway.

McDowell was asked if he would list all of the important factors which go to make up a good defensive basketball player and court quarterback for use in the SOUTHERN COACH AND ATHLETE.

"I certainly will," said the little Aggie star. "But I'd rather wait until I've concluded my eligibility next year. Because many of the coaches and players I will oppose next year read the Southern Coach and Athlete and I wouldn't want to divulge all of my tricks just yet."

Listen to what some of the leading Texas sports writers say about McDowell:

JINX TUCKER, Waco News Tribune: Jewell Mc-Dowell, however, not as tall as the other Aggies, was the (Continued on page 47)

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HIGH JUMP

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vaulters, broad jumpers, and shot putters. It develops coordination and spring in the legs so necessary in these events. Before you work your men who are high jump prospects, be sure that you provide a good landing pit. I am very much in favor of piling up wood shavings, or whatever material you have, two or three feet above the ground behind the cross bar. Do not jump your men into a pit that will shake them up and make them concentrate on how they are going to land. On the contrary build a landing pit that is soft as a feather bed, and the men will then jump with abandon and be able to concentrate more on height over the bar. Work your jumpers just enough during the week to keep them in form, conserve their energy for Saturday between two and four. That is when good coaching pays off! Tired legs seldom set records.

SPRINTING

(Continued from page 14)

tion, with a throw of the shoulder at the tape, is desirable. The jump finish is always used by a small percentage of sprinters but is not desirable. A few men throw their arms up and forward but not to any advantage. It is always best to continue through the finish mark several yards. Do not stop quickly. Judges may pick finishers if they continue running. The time and distance to start the finish varies with individuals. Practice will help decide when to start the finish.

It is a good practice to learn how to finish correctly at the tape, not before you reach the marker, not too many yards beyond the judges' stands. The finish must be welltimed.

A WEEK'S TRAINING

Monday - Warm-up exercises; form running; a few starts; a few wind sprints. As in sprint relays, pass baton a few times - light work.

Tuesday - Warm up; listen to gun a few times; run through distance at four-fifths speed with a finish, and practice at the tape. Work a little on curve running if race is run on curve.

Wednesday - Hardest work of any day of the week; warm up; a few starts with two or three short dashes -30 or 40 yards; run through 120 yards with pick-up at finish; slower at start. If a 220-yard man run but 120 yards at a comfortable speed and sprint for finish.

SOUTHERN COACH AND ATHLETE

Thursday - Run a slow 300 yards or 150 yards at four-fifths speed; pass

Friday - Meeting; warm up; or complete rest.

Saturday - Competition, under meet conditions.

Never overwork your sprinters. Do not have trials in competition except on Saturday. Sometimes two light work-out days before a meet is best. It varies with individuals.

A 220-vard sprinter should usually run the first part of the race well within himself. He should start fast.

and run hard, without straining all the way. Run on the inside lane on the curves. It is best to run from behind on curves

In early season training, especial attention should be given to form, not too much for speed. On warm days, take the speed exercises and, on cold days, more building up and endurance work. Always have confidence in ability but not overconfidence. Know that you have a fight on your hands, but have faith in your ability to feel that you can meet the test. Know the rules for sprinting.



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SOCCER

By H. J. ANDERSON, Soccer Coach, Baylor School for Boys, Chattanooga, Tennessee

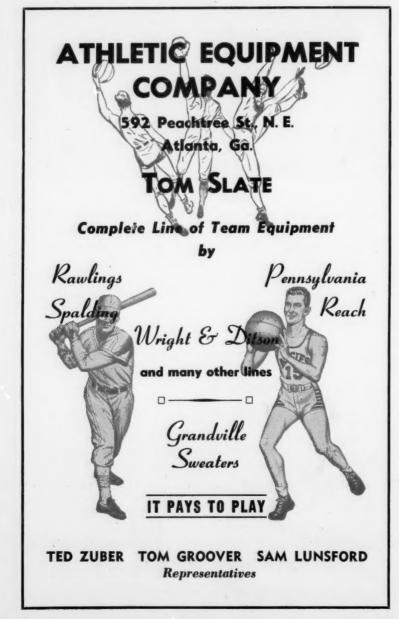
As a Scotsman who has lived over here for less than four years, I have been extremely gratified and not a little surprised at the foothold that soccer has secured in the South.

I realize that I am liable to arouse the righteous indignation of every football coach, but I will always maintain that soccer is far better able that football to encourage alertness and initiative in a player. In soccer there is no one to dictate the plays; each player must watch for openings left by the defense and must be quick to take advantage of them; he must use his own initiative in scheming plays which will draw the opponents out of position and leave the way open for another of his own team. A player who cannot think for himself is no help to the team. Another advantage of soccer is that it does not put so great a premium on pure weight. Ball control and speed, in that order, are normally the deciding factors in any

I have often been asked what differences there are between soccer as played in England and over here. Apart from the regulation about the substitution of players — English rules permit none — the rules are practically the same. In England there is rather less rough bodily contact, particularly with regard to charging the goalie, and I believe this is perhaps a good thing. However if the boys are always taught to play the ball and not the man, there will not normally be many cases of unnecessary roughness.

At present there are, I believe, only four Mid-South schools that field a soccer team. These are Baylor, Castle Heights, Darlington and Mc-Callie. This gives Baylor and Mc-Callie six games, and Castle Heights and Darlington four, since these two schools do not play each other. Mc-Callie always has a powerful team, but this year Baylor won the Mid-South Championship with 5 wins and 1 tie. The fact that this Baylor team was perhaps the fastest that we have ever had helps to prove my point about the importance of speed, This year we had over 50 boys on the varsity squad, and our Junior School took up the game and played two games against McCallie, winning one and losing the other.

I think it would be a fine thing if soccer were introduced into more schools. Not only is it excellent for training boys in team-work and for developing initiative, but the boys really enjoy it. Even footballers, whom pride and other considerations prevent from having any other love. have to agree that it is a good game. May I add one point that may appeal to football and track coaches. Soccer is played between these two seasons and it is one of the best conditioners that one could wish for. A boy who has scrimmaged for 60 minutes has done a lot of running.



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TRAINING FOR WRESTLING

By ALBERT C. GWYNNE Trainer, West Virginia University

INTRODUCTION

Conditioning and training a wrestling team is a matter of such prime necessity that it must require the most careful planning and an observance of the most rigid training schedule. Superb physical condition is absolutely essential for success in wrestling.

FACILITIES, GEAR, AND SAFETY DEVICES

Facilities — Any large, well ventilated room, that can be kept clean and in a sanitary condition, is satisfactory. Any soft and resilient material can be used for mats, ranging from the Number One hair-felt mats, preferably three inches thick, to a boxed-in saw-dust pit with a canvas cover stretched over it. There must be another covering made of a softer material stretched over the canvas

covering and secured to the side boards. It is unwise to wrestle on canvas because it is so coarse that it would cause mat burns. It must be understood that there is more danger and greater possibility of injuries occurring when any sort of make-shift facilities are used.

Gear—A regular gym outfit provides adequate personal equipment. However, it is desirable to have each person outfitted with a warm sweatsuit. For meet competition the uniform should consist of full length tights, close-fitting outside short trunks, and soft, pliable, light, heelless gym shoes.

Safety Devices — The practice area should be carefully safe-guarded against all possible hazards. All joists, radiators or projections in proximity to the wrestling area

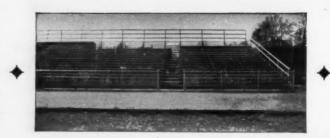


A. C. "Whitey" Gwynne graduated from West Virginia University in 1933 with a B.S. in Physical Education. Finished M.S. in 1937. As an undergraduate he was a member of the football team and Captain of the wrestling team. He coached wrestling at West Virginia University from 1933 to 1942. In 1942 he joined the Navy V-5 program where he continued being a wrestling instructor at the Athens, Georgia, Pre-Flight School. After his separation from the service he studied Physical Medicine at Bellevue Hospital in New York. He has been Head Trainer at West Virginia University since 1946.

We wish also to express appreciation to Charles Saad, Assistant Trainer, for his help in preparing this article.

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should be padded, and, where the mat area is next to a wall, wall mats at least five feet high should be installed in order to prevent injury which may be caused by bumping into such hard surfaces.

It is important that the mat cover be kept tight. If not, it may be a source of injury to the wrestler, leading to a twisted ankle, or even a broken leg.

CONDITIONING A TEAM

Preliminary training for a wrestling season should cover the period from September first to about January first. This is the period in which the prospective wrestler should prepare himself physically. He should, above all, lead a clean

life. Begin training by doing cross country running, starting with running a half-mile for a few days, with a gradual increase, until two miles can be run, without feeling tired. When this stage has been reached, have the wrestler run only every other day, and take basic wrestling instruction on the days between.

The wrestler should always supplement his work with some form of calisthenics. These exercises should be a means of warming up or bridging, so as to cut off deficiencies in strength.

High school wrestlers should endeavor to work on conditioning while still in high school, collegiate conditioning will be easily undertaken by the wrestler, when he enters college. The preliminary conditioning phase, in a wrestler's life, can never be stressed too much. Lay the foundation of a wrestler, in conditioning, and you will have a top athlete.

During the wrestling season, running, as well as other work pertaining to conditioning should be taken so that there is no danger of overexertion.

As the wrestlers proceed with their daily workouts, a weight chart, of the type which shows weight before and after workouts, should be kept for each member of the team. It is of great value, in determining the individual's weight reducing possibilities, how hard he has been working, and what his weight classification should be.

Great attention should be paid to the weight problem of wrestlers. Making weight has always been the "Waterloo" of most wrestlers, both high school and collegiate. In wrestling, if weight reduction is desirable, it should start early in the training period, even before competition seasoning starts. Excess weight should be removed slowly and for over a long period of time. Losing from two to three pounds a week is fast enough for the average college man.

High school boys should be under supervision of the coach. The boys of this age should not be allowed too much weight loss, because they are still growing, and their physiologic functions and growth should not be tampered with, in this weight problem.

The question of sweat-boxes has always been a touchy one with wrestling conditioning. If more sweating is to be asked for, it can be induced by taking light exercises and running while clothed in a sweat suit. Weight can be lost this way without too much effort. The sweat box and steam baths take too much

out of a growing boy to be a means of sweating out excess weight. Do hard work, be conscious of your diet and sleep, and weight will be a problem that can easily be attacked.

Sleep and diet both play an important role in conditioning for any type of Sport—football, basketball, wrestling, etc. Let us consider the former first—

Sleep is physiological rest. It is essential and important in the conditioning program of wrestlers. For, it offers the essential rest needed by athletes when taxed during their exercising moments. Sleep should be taken by all collegiate and high school wrestlers, at regular hours of the night.

At least nine hours of sleep are needed by college boys. Adolescents in high school need more — about ten to eleven hours.

The importance of sleep cannot be over-estimated, since it gives the body the only periods of muscular and mental relaxation, for the athlete who is wrestling. For only through sleep, the body is "paid its due" by giving back the fuels which were burned during activity. A wrestler engaged in rugged, rigorous, competitive exercise needs rest, and only through sleep can rest be

(Continued on page 29)

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Southern Conference

with JACK HORNER

Special Staff Correspondent

Coaching changes: Max Reed, who was Carl Snavely's line coach for 20 years, is the new line coach of the Washington Redskins. . . . The 52-year-old Reed, who was with Snavely at Bucknell, Cornell and North Carolina, replaces Herman Ball, who stepped up to the head coaching job with the Redskins. . . . Reed assisted Jim Tatum at Maryland last year after breaking with Snavely. . . . Flucie Stewart has resigned as head basketball coach at Maryland after tutoring the Old Liners for the past three years. . . . His team won only seven of 25 games last cage season. . . . Stewart, an alumnus of Furman University where he used to coach, will stay at Maryland as varsity end coach in football. . . . Darrell Royal, quarterback on Oklahoma's Sugar Bowl champions of last season, has been signed as backfield coach at N. C. State College. . . . Royal succeeds Walter Slater, the ex-Tennessee back who resigned. . . . Slater may return to the Pittsburgh Steelers as a player. . . . Head Coach Beattie Feathers plans to switch to the T formation at N. C. State in 1951.

Slender Jimmy Slaughter smashed the individual scoring record for Southern Conference games during the past basketball season. . . . The junior flash from Roanoke, Va., burned the nets for 338 points in 16 loop games to break the old mark of 308 set by North Carolina's George Glamack in 15 conference contests in 1941. . . . In games against all competition, including non-loop affairs. Slaughter totaled 421 points for a new South Carolina State record. . . . Wake Forest's starting ends of last Fall have been signed by professional teams. . . . John (Red) O'Quinn, a great pass catcher, was picked up by the Chicago Bears, while his running mate, husky Jim Duncan, a defensive stalwart who also catches aerials, was signed by the Cleveland Browns. . . . The Washington Redskins' 16th rookie signed this year was halfback Ralph Shoaf, fleet-footed University of Virginia 195-pounder. . . .

West Virginia University, which officially becomes the 17th member of the Southern Conference on July 1, has lined up four conference schools to play next fall. . . . The Mountaineers take on George Washington, Maryland, Richmond and Washington and Lee. . . . When Santa Clara offered Arthur L. Guepe the job of coaching the football Broncos, the University of Virginia Board of Visitors held a special meeting and approved a new three-year contract for the Cavalier mentor. . . . For years the Virginia coach has been employed on a yearto-year basis. . . . North Carolina has a new head trainer, Fitzgerald Lutz, who succeeds Chuck Quinlan. . . . Lutz, a native of Cairo, Ill., goes to the Tar Heels from the Baltimore Colts of pro football. . . . Lutz, who was assistant trainer at his alma mater, Louisiana State University several years ago, also served as trainer for Wally Butts at Georgia. . . .

When North Carolina's Harvie Ward, N. C. A. A. golf champion, led his mates against Wake Forest, the National titleholder fired a brilliant 69. . . . But he lost by 3-0 to Arnold Palmer, Deacon star, who uncorked a sensational 64 to tie the Raleigh Country Club course record. . . . Palmer was medalist in the N. C. A. A. tournament last Summer. . . N. C. State's famed Wolfpack won third place money in the N. C. A. A. basketball tournament held in Madison Square Garden. . . Coach Ev Case's charges whipped Holy Cross but lost to City College of New York in the semi-finals. . . . But the Wolfpack whipped Baylor of the Southwest Conference for consolation honors. . . N. C. State loses only one regular by graduation, All-American Dick Dickey. . . .

Maryland has taken on a big order for its 1950 football opener. . . . The Old Liners tackle University of Georgia at Athens, Sept. 23. . . Although this is the first regular scheduled game between the two institutions, they played to a 20-20 tie in a post-season game in the Gator Bowl in 1948. Paul K. Scott, athletic director at Cornell College, Mt. Vernon, Iowa, has reported to Davidson College to become director of athletics and physical education. . . . James F. Pinckney has been acting athletic director since Norman Shepard resigned to become head basketball coach at Harvard. . . . There's some talk Shepard may soon succeed Bill Bingham as boss of Harvard athletics. . . .

Clarence (Ace) Parker, Duke's greatest back, is serving as playing manager of the Durham Bulls of the Carolina Baseball League this Summer. . . . In the Fall, Parker coaches the Duke backfield. . . . He was voted the most outstanding manager in the league last year. . . The first nine holes of the University of North Carolina's golf course have been completed, and another nine holes will be ready by Sept. 1. . . . Ed Kenny, a member of the Carolina physical education department, is serving as pro at the course. . . . It's named for E. T. Finley of Raleigh, president of the North Carolina Equipment Company, who made large contributions in money and equipment toward its construction. . . . The University of South Carolina's third annual coaching clinic will be held Aug. 6-11, inclusive, while the University of North Carolina's 24th annual coaching school opens July 31 and runs through Aug. 4. . . .

COACHING CLINICS

A list of coaching clinics which are scheduled during June is carried on page 50. Those scheduled for July and August will be carried in June issue of SOUTHERN COACH & ATHLETE.

Southern
Southern
Beauty, Achievement,
Popularity BETTY SUE GARNER Judson College

TRAINING

(Continued from page 25)

attained

The diet of the wrestler should consist of enough calories, about 4500 to 5700, to maintain the body weight during his rigorous training periods. Also, the proper kinds of food, rich in vitamins, carbohydrates, and proteins, are needed in the necessary functioning of muscular metabolism. Fried, greasy foods should never be undertaken by the wrestler while in training. These do not digest easily and quickly. Cut down on spices during the training season, for these upset the digestion of the meal.

Use regularity in meals as well as sleep. Avoid eating between meals. This could be the main reason why the athlete has trouble making "weight."

Heavy exercise should not be undertaken until three hours, at least, after a meal. This time will give the meal complete digestion, and will not offer discomfort when the athlete is performing his outlined task. Similarly, food should not be taken into the body at least three hours after exercising. This will be ample time for the circulation of the body muscles to get back to normal. If food is taken before the circulation has gone to normal, there will be an insufficient supply of blood to the stomach or to the body. Then digestion will set in, if the time for body normality is not allowed. Also never take food when you are hurried, or emotionally upset - never eat, if you are too tired to do so. Here

Southern Co-Ed

Pretty Betty Sue Garner, senior at Judson College, Marion, Alabama, was elected to reign as May Queen at the annual May Day festivities recently held at the College. Betty Sue has played an active part in the festivities of the May Day program for the past four years.

She has been outstanding in basketball, hockey and tennis, playing in tennis tournaments. She is a member of the Blazer Club, honorary Athletic

Club.

President of her class for three years, Betty Sue is majoring in piano with a minor in French. She is on the Baptist Student Union Executive Council and has been a member of the Glee Club for three years, singing in the Chapel Choir for three years, also. Betty Sue is the daughter of Mr. and Mrs. Horace H. Garner, of Oneonta, Alabama.

We present her here as the SOUTH-ERN CO-ED for this month! is listed a sample menu for use during the training season.

- Toast, with warm tea, plenty of sugar.
- 2. Salad or clear soup.
- 3. Broiled steak, chops, lamb, or roast beef or poached eggs.
- Green vegetables peas or green beans.
- 5. Baked potatoes.
- Fruit (in season) or gelatine dessert, or ice cream.

High school coaches should stress the proper diet for their young charges. We are what we eat, and these growing adolescents need all the proper dietary products necessary for normal and balanced growth of their bodies.

One of the problems which the coach of a wrestling team encounters is "staleness" on the part of the athlete. This is a condition which prevents the athlete from recuperating from muscular fatigue. This may be due to many factors. A few of these may be: a loss of weight, sluggishness, tenseness, worry, lack of sleep, diet troubles, loss of skill, and many others. Be on the lookout for this. Check on the daily weight of the boys. Don't overwork or keep them in a tense state. Too much work, even in athletics, will make the boys dull.

To correct this state, the coach should give the boys a few days off. In not too severe cases, ease up on the schedule. Plenty of sleep is essential in this case.

Massage and rest have great recuperative powers. Also, encourage recreational activities and change of routine for a couple of practice ses-

CARE AND PREVENTION OF INJURIES

The greatest single factor in preventing injuries in wrestling is good physical condition. Another factor is attempting to wrestle when not properly warmed up.

Some of the important injuries encountered in wrestling will be discussed below.

Mat Burns — Sliding a knee or elbow across the mat, is the common cause. These can be prevented by having the elbows and knees covered during practice workouts. When received, wash area with athletic soap. Dry with cotton. Apply Tr. of Benzoin to the area. If burn covers a large area, use a mild salve and cover with sterile gauze pads to prevent secondary infections. Check these burns daily and guard against infections.

Impetigo and Boils — Absolute (Continued on page 48)



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COACH ALEX - OUR FRIEND

It is difficult to think of Georgia Tech . . . Southern Football . . . or Sportsmanship . . . without associating with it the name of Bill Alexander — or "Coach Alex," as we knew him. Those who knew him best thought of him first — not as a coach — but as a counselor and friend. He was a friend of the high school coaches and gave freely of his time to lecture at their clinic or give individual counsel. Rival college coaches came to him for advice. Sportswriters, sporting goods salesmen, transportation men or the man-in-the-stands who knew him called him their friend.

In my own relationship with him as a member of his staff and in dealing with him as a representative of the Georgia Athletic Coaches Association, he was always sympathetic and helpful in times of need. Through his counsel and encouragement, he helped nurture Southern Coach & Athlete in its infancy, helped guide its course through the war years and watched, with pride, its growth and service in the years that followed.

As I think of Coach Alex and his standard of sportsmanship, I recall three significant incidents which are true "tip-offs" to his philosophy of sports.

JUNE, 1942

In June, 1942, Coach Alex sent for me to come to his office. He offered me the position of Coach of All Freshmen Sports at Georgia Tech. I was flattered at the offer, but pointed out to him that I had ten years' service to my credit at Boys' High School in Atlanta and that my tenure there was assured, under Civil Service. I questioned the possibility that I might not please the Tech Alumni with enough victories, or that I would be dropped when the war emergency had passed. He said, "Dwight, you don't have to win games to hold your job here at Georgia Tech—just do a good job with what you have to do with." I took the job and have been there in some capacity ever since—Freshman Coach, Publicity Director, Basketball Coach, Backfield Coach.

JANUARY 1, 1944

Georgia Tech played Tulsa in the Sugar Bowl, New Year's Day, 1944. Between halves of that game a dejected and beaten Tech squad filed into the dressing room under the South stands. They wanted to win that one for "the Ole Man" but Tulsa had completely outclassed them and finished the half with a 12-point lead. A cold, brisk wind made Prokop's passes inaccurate. Coach Alex allowed the boys to relax for a few minutes then, after pointing out a few mistakes in the defense, he said, "I am not too concerned whether or not you win this game. My chief concern is this . . . I want every player on the Georgia Tech team to play up to the maximum of his ability."

Tech went back with instruction to run instead of pass. How well they did it can be told by the records. Tech made 25 first downs and Prokop set a new Sugar Bowl record of 199 yards gained from scrimmage. Tech scored three touchdowns and won 20 to 18 in one of the greatest "comebacks" I have seen in sports.

APRIL 22, 1950

On Saturday afternoon, April 22, I encountered Coach Alex on Grant Field just before our usual Saturday spring football scrimmage. I said, "Coach Alex, I want you to do something for me." "Yeah, I'll be glad to," he said, "what is it?" "Jess Neely," I continued, "made a talk on Coaching Ethics at the Texas Coaching School last summer and it was very popular. We would like for you to talk on this topic at our Clinic this summer. There are a lot of coaches who have the wrong slant on the profession and I believe a talk by you would help."

"Yes," he said, "there are some who think that winning games is all there is to it. I'll be glad to do it."

Coach Alex remained in the rain to witness our scrimmage; he went home and enjoyed a pleasant evening with his family, and sometime during the night the Great Mentor called him from the field.

TRAINER'S CLINIC

The second annual Southern Conference Trainers Association Clinic will be held June 15-16-17 at the College of William and Mary. Lectures on the care and treatment of all types of athletic injuries will be given by the conference trainers and by special guests.

Duke Wyre, University of Maryland trainer, has served for the past year as president of the association, which had its organizational meeting at Chapel Hill, N. C., in 1948. Louis A. (Dick) Simonson of William and Mary is secretary-treasurer, and host to this year's clinic. R. L. Chambers of Duke, Jess Alderman of South Carolina, and Herbert Patchin of Virginia Military Institute comprise the board of governors.

This year, at last, all interested high school coaches and trainers are invited to attend the clinic, which will be conducted in the William and Mary gymnasium. The following types of injuries and training problems are to be discussed: muscle injuries, ankle injuries, chest and shoulder injuries, head injuries, physical therapy and athletic injuries, the value of foods in training and conditioning, knee injuries, and the reconditioning of athletic equipment.

There will be no charge for attendance at the clinic. A \$3 registration fee covers lodging for all three nights. For recreation, sightseeing over the Restoration of Colonial Williamsburg and nearby Jamestown and Yorktown, and a golf tournament for members is scheduled.



TRACK AND FIELD

It seems that there has been a lot more participation in track and field this spring than it has in the past. It looks as if most of the coaches have finally awakened to the fact that track, after all, is the basic sport. It took them a long time to push football, basketball and baseball out of their eyes and see that track will aid all three of the other sports no end.

It's a shame that during the last Olympic games not a single performer was from the Southeast.

No Mississippi team has ever come close to winning the SEC track championship. Both State and Ole Miss give out scores of scholarships on the three other sports and we doubt if either school has even one or two cindermen on the payroll. It would take very little effort to build up track in our state. We were genuinely ashamed of the miserable showing put on by the Maroons and Rebels in the Southern Relays when they fought it out for last place in most of the events. If we may be so bold to say so, we don't think the coaches should enter the boys in such fast company. The humiliation of such miserable showings off-set any experience an athlete may have gained.

Both teams should be much improved next year. Ole Miss has a couple of fast boys in Jimmy Lear, freshman, and Bruce Bradley, sophomore. But State has the prize performer in the gangling freshman, Elmo Branch, the tall phenomenon from Duck Hill. Elmo did better than 121/2 feet in the pole vault last year and 6 feet 2 inches in the high jump. In a dual meet last month with LSU Branch put the varsity competitors to shame. Next year he'll be joined by his old teammate, Larry Hamblin, who has dominated the milers in the state high schools for the past several seasons. Larry is not competing this year at Duck Hill because of a liver ailment. Coach Hamblin of Duck Hill wants every track fan to know that contrary to rumor his son does not have a bad heart caused by distance running. It is a liver condition and Larry will be back on the cinders next spring over at

BASEBALL

At this writing it looks as if the State Baseball crown is going to be won by the Corinth Warriors for the second year in a row. However, Dublin, over in the Delta, has won 9 straight without a defeat. Newton is also undefeated, giving perennial strong Jackson a going over last month.

The Mississippi State nine doesn't seem to be nearly as strong this year as their championship teams of '48 and '49. Gone are the Grammas brothers, Lefty Brandon, Lee Watts, Moss Cowart and Ed Self, who were a lot of ball players to replace. State has come up with a very fine shortstop, however, another youngster from Birmingham, Danny Murphy. With the dependable Jimmy Bragan on second and Rex Benson holding down first, the Maroons have probably the best double-play com-

bination in the Conference.

Surprisingly enough it's Ole Miss who is knocking the cover off the ball. The Rebel Bobby Wilson, Rabbit Cook and "Cotter" Faggard are really swinging those big bats. And Olin Briscoe, junior right hander, looks like one of the League's better hurlers.

MISCELLANEOUS

Ole Miss will hold her annual coaching school on the campus the first week in June. Bud Wilkerson will be in charge of the football activities while Ed Hickey, the ever-popular St. Louis Billikens mentor, will be in charge of basketball. . . . Baseball fans of Meridian are really howling over the lack of a high school team. Meridian administrators, with the second largest school system in the state, will not let the school field a team. . . . Ed "Ding Dong" Bell successfully defended his Mississippi Intercollegiate tennis title over at State last month. The Maroons won the team title. . . . From here it looks as if Meridian High tennis team will walk away with the state honors again with Mack McAllister leading the way. . . . Dr. Milton C. White, coach of the Millsaps tennis teams for 20 years, handed over the reins to Professor William S. Winn in April. Dr. White has done a wonderful job with the majors, turning out some fine tennis players, the most recent is "Ding Dong" Bell, undefeated in two seasons of play. In his younger days, Dr. White was a tennis star in his own right, teaming with Homer P. Rainey, former Governor of Texas and President of the University of Texas, to take all the championships the Lone Star State had to offer. . . . Dr. Cary Middlecoff, National Open Golf champion and former Ole Miss Rebel linksman, was presented an M Club sweater up at Oxford a while back. . . . Doug Hamley and Dixie Howell, former gridiron greats at Ole Miss, have packed their bags and headed towards Booneville Junior College to take over the coaching reins in an attempt to put the Northeast team to the front in a football way. . . . Would you rather be a Junior College coach or mentor in a large high school? Sonny Bruce, head man at Copiah-Lincoln JC, has given up the ghost and is returning to Columbus' Lee High. Bruce was the coach at Lee High for several seasons before going to the JC job. Columbus hasn't been able to keep many of their coaches around during the last few years, just what the trouble is, we don't know, but we hope Sonny isn't making a mistake. Now Jack Nix, down at Meridian High with a just so-so record, has resigned to take Bruce's job at Copiah-Lincoln. "Hot" Moore, down at Hattiesburg, has decided to try his hand at the JC business, so is moving over to Sunflower JC with Red Galey moving up from assistant to fill the head man's shoes. Bernard Blackwell, up at Northwest JC, seems to have the same idea as Bruce and is either stepping down or up (we can't decide which) to guide the athletes of Webb Consolidated High. This movement from high school to junior college and back to high school could turn into a vicious circle.

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ALEXANDER

(Continued from page 8)

out at Francis King's. The beloved "Dean of O'Shea University," now long gone to his reward, lived in a little cottage off Peachtree Road that summer, and gave what the society pages call an "aperitif" party for Ted Cox, the Tulane coach who was passing through town. The "aperitif" as I recall it, was corn liquor, green in color, green in age and gangrenous in effect, but it made for good and fluent conversation.

At a suitable stage the conversation got around to Alex, who was not present. Tech had had, the year before, a season that should not happen to any team, any coach.

They had lost to Kentucky by one point. Tulane had run back a kick-off 101 yards for the only touch-down. A Tech back had batted a pass into the hands of a Vandy end who was out of the play, and he had gone for the winning points.

Then came Alabama, with Dixie Howell, Don Hutson, Bill Lee, Bear Bryant and all that magnificent crew.

Well into the fourth period, Tech had a 3-point lead. Mr. Alexander had rigged up a defense that befuddled Alabama. Then a Tech pass was intercepted by Howell for a sizeable runback and Alabama went on to score the winning touchdown just before time expired.

Out at Fran King's Mike Chambers told us the sequel to that game.

Chambers and the assistant coaches had stormed into the dressing room with the boys, while "the Old Man" was congratulating Coach Thomas.

Mike himself had launched into an oration, consigning to the flames of perdition any team that held a 3-point lead and started passing in the fourth period.

"Then," Mike said, "the door opened, the Old Man stepped in and stood there a moment, listening. His face was as white as a sheet. His shoulders were stooped, and he looked a thousand years old.

"When he heard what we were saying, he straightened up and his eyes blazed like arc-lights.

"'Get out of here!' he shouted. 'What have you fellows got to do with this? This is not your team—except when it wins. It has just lost a game, and it's MY team. . . Get out of here, every one of you, before I kick you out.'"

Mike said, and the tears were streaming down his cheek, "We got out, and in a hurry, and we left the Old Man with his boys."

The incident was not lost on the Tech players. They saw and heard it all. Spirits that had been broken by a hellish run of misfortune revived. The Old Man not only hadn't given up on them, but would fight for them.

Two weeks later they met Duke which had a Rose Bowl bid if it beat Tech. Duke was outplayed from start to finish and was defeated.

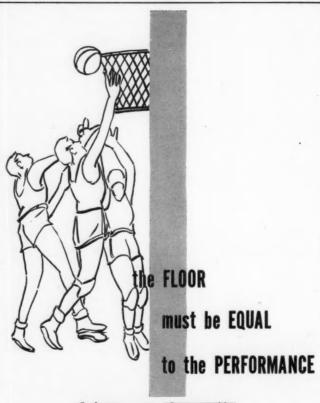
These two incidents, I believe, tell better than any formal eulogy some of the reasons for William A. Alexander's greatness.

*

He was no paragon of the polite and conventional virtues. Any such pretensive paragon is an insufferable ass, and may the good Lord deliver me from them. Alex was a great human being. Courage, fortitude, kindness, compassion, charity made him noble. I cannot believe he ever did a mean or petty thing in his life.

And, for what my opinion may be worth, he was the ablest coach of football I have known.

As I see it, he did more with what he had than any other.



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Prep Parade in -

NORTH CAROLINA

By GEORGE WEBB

COACHING among North Carolina High Schools showed a more pronounced return to pre-war normalcy during the current school year than at any time since the war. That's the astute opinion of Bob Jamieson, the Greensboro Senior High athletic director and president of the state coaches association.

Jamieson based his observation on two factors. First, there were few changes in head coaching positions throughout the state and secondly, there was a decline in switching from one system to another by the coaches themselves

The latter point was particularly true in football. Since the war there had been considerable changing over from the single wing to the T formation. Last season most of the mentors were content to continue with the system they had taught the previous year.

It might be interesting to note that in the Class AA conferences, which are made up of the largest schools in the state, varieties of the T formation are now more popular than the single wing. Nine of the schools use the T while six continue with the wingback style of play.

While the exact breakdown is not known in regard to the Class A and B schools, it is probably true that the single wing is more popular with the smaller schools.

The coaching clinic, which will be held in Greensboro August 7-12 by the coaches association and the Greensboro Daily News, takes into consideration that the single wing and T are widely taught in the North State.

Coaches attending the clinic can get information on both systems from the top men in the profession — Wallace Wade, the veteran single wing man from Duke, and Don Faurot, the Missouri coach who is regarded as the originator of the split T.

President Jamieson credits the clinic, held in Greensboro last year for the first time, for building up the coaches association. Before the event last Summer the association had 53 members which jumped to a total of 237 shortly thereafter.

That means that approximately

one-third of the coaches in North Carolina belong to the association, a group devoted to improving coaching conditions in the state.

But getting back to the lack of changes in the head coaching jobs, Jamieson explains it this way. "After the war the GI's were busy getting back into coaching. Now they're situated and as a result there have been few changes. Most of the shifts have come among the assistants."

The two major changes saw Chuck Clement resign at Fayetteville to become head grid coach at Gastonia. The vacancy was created when Price Leeper resigned as athletic director. Clyde Biggers, assistant to Clement last season, took over at Fayetteville.

At Morganton High Pete Peterson accepted a job with the city athletic program and Don Hartig, ex-University of North Carolina quarterback, was named to the position.

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By STAN LAMBERT

Lamar College, Beaumont, Texas

Harold Ratliff Occupies Unique Position

Harold V. Ratliff, the genial AP sports editor, holds a unique position in the over-all athletic picture in Texas. He has proved himself a friend to the coaches on many occasions. The League authorities feel very kindly toward him for his cooperation over a long period of years. His thousands of readers over the state look for his byline for coverage of the major sporting events in the state. The other sports writers over the state respect him and depend to a great extent on his "hustling" to protect their respective papers when anything is about to happen in the athletic world.

This position of respect has been gained after approximately 20 years in his present position. We are expressing the admittedly selfish thoughts of many others when we say that we hope he stays there forever — or at least as long as we are in trying to make a living coaching.

$\begin{array}{c} -3 -\\ \text{The Pampa-Drops-Track Case} \end{array}$

The Pampa Harvesters dropped track from their athletic program this spring. In view of the fact that spring football had been returned to the spring agenda this year, some sports writers were quick to take note of it and to criticize the decision laying the blame on the return of spring football. Harold Ratliff got wind of it; and in his column expressed his disappointment in any coach's judgment who would drop track the first year that spring football returns. Ratliff clipped said column and sent it to this writer with a note at the bottom saying, "Stan, what do you have to say about this?" or words to that effect. He had reference to our constantly reminding the football coaches that the responsibility for making spring practice stay on the spring calendar rested on the football coaches' shoulders. After conferring with Maco Stewart, president of the coaches' association, we got his permission to write Coach Tom Tipps and ask for an explanation. We explained to Tom the spot that our own writings had placed both the writer and the Association in, and requested an explanation. It came by return mail - three pages worth.

-3- Take Over, Tom

The contents of said letter will fill the rest of this column. Although we are quoting him directly, we have taken the liberty of deleting parts of it that were evidently written under pressure caused by an isolated incident's being magnified far beyond its original importance. To say that Tom is P.O.ed is putting it mildly. Here 'tis in part:

"The reasons, causes, or "alibis" back of Pampa High School's decision to discontinue track for this year are rather complex. Let me say in the beginning that it was not my decision alone. In a conference with the Superintendent and Principal, it was decided that the Harvesters would concentrate on baseball this spring and cut out track entirely for this year. Here are some of the facts back of that decision.

1. The Sport Is Not Popular in Pampa

"The sport has never been popular here, nor in the rest of the Panhandle. I have had to force my football players to come out for track. Only one or two others ever try out for the sport. No one comes to a meet if we have one — not even the students, and track is just across the street from the school. In a pre-season enrollment in December we had over 40 boys ask to be enrolled in baseball; only a half dozen signed up for track. We have 40-odd boys out for baseball and 36 trying out for the golf team. Our fans don't care for track, our boys don't like it, and our student body ignores it. "For whom were we having track?" Incidentally, that's a good question.

2. Panhandle Weather Not Conducive to Track

"Of course, weather is the big cause of it all. The past two years we have tried to compete in the Fat Stock Show Meet in Fort Worth. Last year we were able to work outside four days before the meet, the year before only once. Other meets of any merit are two to five hundred miles from Pampa — with athletes competing who have more favorable weather conditions. I know that Amarillo has the same weather and the same geographical location, but Amarillo also has over three times as many boys who must seek sports other than football, basketball and baseball.

"It might be asked how we were able to work out for football in March weather and not track. As a coach, the answer is obvious: you play football in rain, wind, snow or what have you. We work out the same way, but we are not brave or foolish enough to try pole vaulting, high jumping, sprints etc., during our 'blue northers.' I confess that I get little enjoyment in football in such weather, but we held our spring practice in March so as not to interfere with baseball.

3. Lack of Facilities

"Part of the unpopularity of the sport lies in our lack of facilities. We have to work inside most of the track season most every year. We have a very small gym. Our basketball team works out every day of the school year, and a girls' volley-ball team uses one half of it three days a week. Where did we work out? We took calisthenics in a corner and ran sprints in the halls after school. Last month Pampa voted a bond issue to build a new gym. If it is completed by next spring we plan to have a track team, spring football or not.

4. Material Not So Hot Either

"Finally, I must admit that part of the decision was due to an appalling lack of material. Track is an individual sport and boys don't like to be made to look bad in public. We knew that we had no one who would be the least bit hopeful of his chances in track or field. I'm getting fed up with making boys take part in a sport to get in shape for football.

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(Continued on page 47)

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SPORT SUMMARIES BASKETBALL IN TEXAS

By STAN LAMBERT

Basketball in Texas this year did not leave Texans too much to brag about. In the Southwest conference Baylor shared the title with Arkansas, the only non-Texas team in that circuit. In the only other conference with out-of-state teams Texans did not even have a look-in, as Arizona took the Border Conference crown. High school basketball as seen at the state tournaments showed little improvement over 1949's poor showing.

The smaller colleges didn't help too much either. The co-champions of the Lone Star lost five conference games each. Tyler, 1949 national junior college champions, won their own conference, but lost in the first round of the junior college regional tournament.

The 1950 Southwest Conference race was probably the closest in the circuit's history and also produced the weakest teams. Against outside opposition the conference members won only 13 while losing 37. At one time in the race, prospects for a sixway tie were good, later it looked as if there would be five claimants to the title; but the final game eliminated all but Baylor and Arkansas. Baylor was later selected to represent their district in the NCAA tournament.

Big Tom Hamilton of Texas was the leading scorer with 363 points.

Conference Standing:

Team W L Pts. Op Pet.

Raylor 8 4 618 577 .667

Baylor 8 4 643 606 .667

Southern Methodist 7 5 642 629 .583

Texas A & M 6 6 6 14 598 .500

Texas 6 6 571 599 .500

Texas Christian 5 7 637 635 .417

Rice 2 10 613 694 .167

The All-Southwest teams:

First Team
Forward: Tom Hamilton, Texas;
Don Heathington, Baylor.

Center: George McLeod, TCU. Guard: Jewell McDowell, Texas A & M; Jimmy Cathcart, Arkansas. Second Team

Forward: Joe McDermott, Rice; Paul Mitchell, SMU. Center: Walter Davis, Texas A&M.

Center: Walter Davis, Texas A&M. Guard: Jack Brown, SMU; Bill Srack, Baylor.



BAYLOR UNIVERSITY, SOUTHWEST CONFERENCE CHAMPIONS

HIGH SCHOOL

The following champions were crowned at the 30th anual UIL state championship basketball tournament at Austin and at the CC's second tournament:

Over 42,000 spectators saw the tournament. The concensus of veteran tournament experts was that

Class B was weaker, Class A stronger and Class AA about the same as last year.

The all-tournament teams were as follows:

Class AA: Doyle Brunson, Sweetwater; Johnny Crouch, Vernon; L. G. Dupre, Texas City; Billy Word, Austin (El Paso), and Ronnie Sizemore, Corpus Christi.

			*	
Class	Champion and Coach:	Runners-up and Coach:	Consolation and Coach:	
AA	Corpus Christi Henry D. Crawford	Vernon Bob Percival	Austin (El Paso) A. Zerelzke	
CC	Milby Lee Beeson	Crozier Tech Rosy Adkisson	Sam Houston Roy Dealy	
A	Canyon George W. Scott	South San Antonio James Heiser	French (Beaumont) Paul Carlisle	
В	Gruver Lawrence Brother- ton	Walder James Calhoun	Cayuga Joe H. Turner	

The tournament scores were as follows:

Class	First Round	Semi-Finals	Finals	Consolation
	Austin 61; Harlingen 23 Vernon 54; Highland Park 43	Vernon 39 Austin 37	Vernon 34 Sweet-	Austin 49 Sweet-
	Sweetwater 43; Texas City 40 Corpus Christi 34; Texarkana 29	Corpus C. 38 Sweetwater 30		water 42
	Birdville 44; Teague 43 Canyon 54: Gaston 32	Canyon 38 Birdville 19	Canyon 49 S. San Antonio 25	French 45 Birdville 43
	French 35; Ballinger 18 S. San Antonio 44; Lockhart 33	S. San Antonio 35 French 31		
	Cayuga 47; Bishop 25 Gruver 42; Warren 41	Gruver 48 Cayuga 47	Gruver 43 Waelder 34	Cayuga 68 Forreston 34
	Marfa 31; Forreston 29 Waelder 38; Early 26	Waelder 26 Forreston 23		

Class A: Troy Burrus, Canyon; Billy McCurry, Birdville (Fort Worth); Joe Abbott, Canyon; Richard Zamora, South San Antonio, and Lloyd Kilpatrick, French, (Beau-

Class B: Leslie Cator, Gruver; Lynn Hart, Gruver; Kelly Jim Dungan, Cayuga; Norman Miksch, Waelder, and James Hatton, Warren.

CITY CONFERENCE

Milby of Houston, coached by Lee Beeson, won its first state championship by defeating Crozier Tech of Dallas 39-30 at the City Conference tournament held in Fort Worth. Sam Houston, the pre-tournament favorite won third place after dropping a 30-31 tilt to Crozier in the semifinals. Beeson-coached teams finished third at the state tournament in Austin in 1948, the last year that the big cities were at that tournament, and last year lost by one point to Paschal in the CC finals.

The all-city conference team:

Richard Bryant, Crozier Tech; Rosco Hayes, Milby; Buddy Sammon, Sam Houston, Bobby Flanagan, Milby and Jack Bell, Poly.



STATE CHAMPIONS OF CONFERENCE AA — The Buccaneers from Corpus Christi defeated Vernon 40 to 34 to win championship honors in the 30th annual state tournament. Earlier, the Bucs had downed Texarkana and Sweetwater by identical scores of 34 to 29. The champs, left to right, standing are: Barry Wood, Scotty Jeffries, Robert Knight, Charles Camp, Ronnie Thomson, Ruel Robeau, Bobby Yoes, and Coach Henry D. Crawford. Seated, Stacy Cole, Ronnie Sizemore, Jerry Fisher, Bill Nelson and Milton Isenberg. Seated on floor, managers Ed Coughlin and Don Click.



SOUTHLAND

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MILBY HIGH SCHOOL OF HOUSTON, CITY CONFERENCE CHAMPIONS Top Row, left to right: Bruce Davis, Walter Lee, Wendell Brockett, Richard Wheeler, Alfred Salazar, Roscoe Hayes, Coach Lee Beeson. Bottom Row, left to right: Kenneth Midkiff (mgr); Bobby Flanagan, Raymond Hermandez, Gerald Patton, Earl Tipton, Carl Nixon, Bobby Johnson.

City Conference Tournament Scores

First Round

Semi-Finals

Finals

Consolation

Crozier Tech 52; Lanier 37 Sam Houston 39; Paschal 30 Sam Houston 30 Adamson 47; Jefferson 37 Milby 46: Poly 42

Crozier Tech 31; Milby 50 Adamson 32

Sam Houston 51 Milby 39 Crozier 30 Adamson 39

BORDER CONFERENCE

The Border Conference championship got out of Texas again. The University of Arizona had things pretty well under control all the way and was selected to represent its area on the NIT.

All-Conference Teams:

First Team

Forwards: Leon Blevins, Univ. of Arizona; Eugene Gibson, Texas Tech. Center: Wade Oliver, Arizona State.

Guards: Sammy Malone, West Texas State; Roger Johnson, Univ. of Arizona.

Second Team:

Forwards: Lawrence Tutle, N. M. Univ.; Virgil Mathews, Hardin-Simmons; Bob Honea, Univ. of Arizona. Center: Vincent Cisterna, Arizona State

Guards: Chester Jackson, Texas Tech; Leo Johnson, Univ. of Arizona. Final Conference Standings:

I mu comerciale	Degradarie Pr.	
	W L	,
Arizona		
Hardin-Simmons		
Tempe	10	3
West Texas		
Texas Tech	8	3
New Mexico A & M	I 7 9)
Texas Western	5 11	L
New Mexico	4 12	2
Flagstaff	2 14	ł

GULF COAST CONFERENCE

In the Gulf Coast Conference the University of Houston sailed through an undefeated conference schedule. Benny Rutherford of North Texas was the leading scorer with 438 points while Eddie Recko of Trinity was second with 409.

The Final Conference Standings:

Team	W	L	Pts.	Op	Pct.
University of Houston	6	0	409	303	1,000
Trinity	2	4	344	378	.333
North Texas State	2	4	347	348	.333
Midwestern	2	4	265	336	.333

The all-conference teams:

First

Benny Rutherford — North Texas. Lloyd Hendrix — University of Houston.

Dave Roderiguez — University of Houston.

Ronald Servies — Midwestern. Pete Murphy — Trinity University.

Second

Dick Berg — U. of Houston.
Eddie Recko — Trinity University.
Herb Richardson — U. of Houston.
Don Deardorff — North Texas.
Walter Kackiela — Trinity University.

TEXAS CONFERENCE

Abilene Christian College's Wildcats enjoyed an undefeated season in conference play and were crowned champions of the Texas Conference.

The final conference standing:

Team:
Abilene Christian
Howard Payne
Austin

Team:
10 0 525 439 1,000
6 3 500 485 .665
Austin

7 5 5 502 478 .500



THE CLASS OF CONFERENCE A — The Canyon Eagles were never pushed in winning State Championship honors in Conference A. The final game score was Canyon 49, South San Antonio 25. Earlier games were won from Gaston of Joinerville 54 to 32, and Birdville of Fort Worth 38 to 19. Team members are, left to right, standing: Richmond Payne, Robert Busteed, Bobby Ratliff, Ray Burrus, Troy Burrus, Bruce Winn, Robert McClendon and Coach George W. Scott; seated, Harrell Slack, Billy Morton, Joe Abbott, Billy Samples, and Garland Butler. In front, Manager Crow.



CONFERENCE B. CHAMPIONS — The Gruver Greyhounds defeated Waelder 43 to 34 in the championship game after edging past Cayuga 48-47 and Warren 42-21. The team members are, left to right, standing: Coach Lawrence Brotherton, Charles Broadhurst, Leslie Cator, Lynn Hart, and Ted Evans. Seated, Dan Shrader, Robert Fletcher, James Fox and J. B. Heath; seated on floor, DeWayne Shapley, Calvin Mitts, and Manager Glenn Tomlinson.

Texas A & I 4 5 477 505 .444
McMurry 2 7 475 498 .222
Southwestern 1 8 395 449 .111
The all-conference teams:

First
Forwards: H. Moore, Howard
Payne; Harlan Huibregtse, Texas
A & I.

Center: Glen Whitis, Howard Payne. Guards: Dee Nutt, Abilene Chrisitan; Hershel Kimbrel, McMurry.

Second:

Forwards: Dick Richey, McMurry; Ralph Buckley, Austin.

Center: Jim Wilson, Austin. Guards: Bobby Francis, Abilene.

LONE STAR

East Texas State and Southwest State tied for the Lone Star title and the former represented its area in the NAIB tournament. This race also featured a down-to-the-wire race, with Southwest faultering in the home stretch and having to share the championship with the East Texans.

The final conference standings:

Team	W	L	Pts.	Op.	Pct.
Southwest Texas	7	5	691	683	.583
East Texas State	7	5	636	640	.583
Sam Houston	6	6	645	660	.500
Stephen F. Austin	4	8	713	692	.333
The all-confere	nce	tea	ims:		

Forwards: Dean Lloyd, Sam Houston; Charles Whitten, East Teaxs.

Center: J. C. Maze, Southwest Texas.

Guards: Vernon McDonald, Southwest Texas; J. B. Collins, Sam Houston.

JUNIOR COLLEGE

In junior college circles Tyler, Lon Morris and Wharton won the titles in their respective conference.

Tyler, who has held a strangle hold on junior college basketball in this area, saw their spell broken.

After winning their conference title with a clean slate, they went to the A & M Invitation and lost in the finals to Lon Morris. A week later they lost to Hinds of Mississippi in

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"Biggie" Munn	Football Michigan State Football
Hugh Dougherty	Football Michigan
Gomer Jones	Football Oklahoma
Adolph Rupp	Basketball Kentucky
H. P. Iba	Oklahoma A. & M. Basketball
Clyde Littlefield	Track U.
Marty Karow	Baseboli Texas A. & M.
Eddie Wojecki .	Trainer Rice

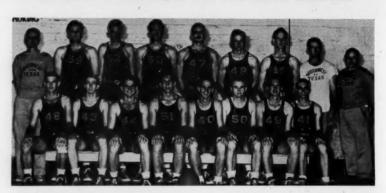
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UNIVERSITY OF ARIZONA, BORDER CONFERENCE CHAMPIONS



SOUTHWEST TEXAS — Standing, back row: Coach George Vest, Harold Daniels, J. C. Maze, Hugh Berry, Dave Segler, Bob Beaty, Buster Gillis, Coaches Milton Jowers and Frank Gensberg. Seated: Jack Henry, Joe Sutton, Buford Brymer, Elmer Dahlberg, Vernon McDonald, Grady Simmons (capt.), Floyd Howard, Vernon Miller.

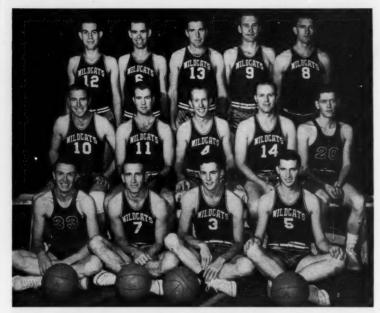


UNIVERSITY OF HOUSTON — Front row, (left to right): Marvin Reichle, Ray Borroughs, Gilbert Luton, A. J. Schlapachol, Dick Berg, Bunky Bradford, Lonnie Franklin, Connie Pontikes, Sam Alessandra, head manager. Back row: Skip Smith, assistant manager; Jim Ausley, trainer; John (Skinny) Davis, David Rodriguez, Elton Cotton, Tommy Reed, Jesse Martin, Herb Richardson, L. D. Hendrix, Alden Pasche, coach.

the first round of the National junior college district meet at Lake Charles,

Lon Morris was crowned the Tex-

as Champion at the A. & M. tournament where the best teams from all three conferences were invited. Lamar won the consolation crown.



TEXAS CONFERENCE 1949 - 50 CHAMPIONS — Abilene Christian College's 1949-50 squad was composed of, front row, (left to right): Larry Plasters, Omar Reeves, Harold Hartman, Warlick Thomas. Second row: L. G. Wilson, Clinton Black, Mac Coppinger, Ed Grantham, Bobby Francis. Back row: Harold Thomas, Dee Nutt, Bill Teel, Austin Webb, and Oscar Dorsey. Not pictured is ACC's veteran coach, A. B. Morris. With the past season, he completed his 26th year of coaching at ACC.



EAST TEXAS STATE TEACHERS COLLEGE BASKETBALL TEAM 1949 - 1950

Back row (left to right): Captain Travis (Dick) Gilbreath, f.; Johnny Anastasio, g.; Bobby Fuller, f.; Joe Earl, f.; Jack Hetherington, c.; Caddo Matthews, f.; R. C. Moore, g.; Legs Jordon, g. Kneeling (left to right): Tommy Brashear, manager; Charles (Shorty) Whitten, f.; Ralph Sholars, g.; Jimmy Fountain, g.; Edmund Stewart, g.; John Kenner, c.; and Bynum Smith, c. (Continued on page 48)

Front Cover Photo

Marvin Michael (Marv) Cichowski, Alabama's promising low hurdler, is being boomed as one of the coming track stars in the Southeastern Conference. A 21-year old sophomore from Saginaw, Mich., Cichowski was undefeated on the Crimson Tide's 1949 Freshman team. As a sophomore, he is running in both the low hurdles and quarter mile.

Michigan State High School low hurdles champion in both 1946 and 1947, Cichowski lettered in football and basketball, as well as in track, at Saginaw High. His best effort in the 200-yard low hurdles in high school was 22:4. As a freshman last spring, Cichowski turned in a 22:4 mark in the low hurdles, just 1.1 second off the Southeastern Conference record, set by Georgia's Vassa Cate in 1940.

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ALABAMA

By RONALD WEATHERS

Ensley, of Birmingham, unbeaten in 31 games, and Union Hill, of Somerville, beaten only once in 39 games, pulled down top prep honors in Alabama in the season just ended. Both claimed their laurels in Class AA and Class A tournaments conducted at the University of Alabama in Tuscaloosa early in March.

Ensley, competing in its fifth state meet, had to battle all the way in the 16-team field before defeating McGill, of Mobile, 50-45, in the finals for its title. A record attendance of more than 12,000 sat in as Ensley marched to its crown by dropping Huntsville, 37-36, Emma Sansom, 54-26, Winfield, 45-38, and McGill.

McGill, in its drive to face Ensley in the finals, tripped Talladega, 57-36, Valley, of Fairfax, 51-50, and previously unbeaten Coffee, of Florence, 55-41.

Coffee and Ensley came into the tournament as co-favorites, both having won 27 in a row through district tournament competition. Coffee had done as much by fielding a lineup that averaged better than 6-2 per man. Ensley, with the best balanced team in the state since Albert G. Parrish's fine teams of 1944-45, utilized its speed and court savvy in rolling along unbeaten.

Ensley, of course, kept its record intact; and Coffee kept pace until the tourney's semi-finals. There Coffee faced McGill, and had a 22-5 first quarter lead against the team. At the half Coffee still led, 34-21. Then McGill, led by All-State Vince Dooley, staged the most remarkable rally in tournament history to whip Coffee, 55-41.

In the finals, Ensley and McGill were opponents for the second time in the season. Ensley had won an earlier decision, 56-40, but things were different this time. The Birmingham youngsters had to wait until late in the third period before they took the lead for good against their South Alabama foes. It wasn't 'til the last three minutes, at that, that Ensley could ease up at all.

The Ensley team was paced by Guard Jack Turner, voted the tourney's outstanding player. Plenty of



Shown above are members of the Ensley High School basketball team in Birmingham which won the state's Class AA prep championship, completing its season unbeaten in 31 games. From the left, the team's starters are Forward Bruce Andrews, Guard Jack Turner, Forward Buddy Rawson, Center Vincent Pizzitola and Guard Ervin Sherer. The team's coach is Claude McLain.

help came from Forwards Bruce Andrews and Buddy Rawson, Center Vincent Pizzitola, Guard Ervin Sherer and David Middleton, the team's No. 1 trouble-shooter.

Dooley, of McGill, was the tourney's leading scorer with 78 points. Turner made 56, Don Elliott, of Winfield, made 66, James Fulmer, of Coffee, tallied 52. Dooley, Turner, Fulmer, Elliott and Dan Frazier made the All-State selection.

Union Hill, a band of high-scoring youngsters from Morgan County in North Alabama, clearly was the class of the Class A tournament. In breezing to the crown, Union Hill set a tournament record in whipping Monroeville, 66-34, dropping defending champion Corner, of Jefferson County, 34-29, Perry County, of Marion, 45-26, and Fyffe, 40-33. Union Hill and Fyffe both entered the tournament from the same district, thus providing a family fight right down through the finals.

Melvin Bolling, crafty Union Hill forward, sat a new single game scoring performance by making 30 points in his team's win over Perry County.

Fyffe moved up opposite Union Hill in the finals with wins over Milltown, 57-31, Greensboro, 46-39, and Cordova, 50-48.

Complete tournament results:

CLASS AA TOURNAMENT

First Round

Parrish, of Selma, 36, Murphy, of Mobile, 25.
Winfield 51, Lanett 26.
Emma Sansom 34, Kinston 25.
Ensley 37, Huntsville 36.
Lanier 48, Enterprise 43.
Coffee 47, West End 41.
Valley 49, Pisgah 45.
McGill, 57, Talladega 36.

Quarter-Finals

Winfield 43, Parrish 23. Ensley 54, Emma Sansom 26. Coffee 44, Lanier 33. McGill 51, Valley 50.

Semi-Finals

Ensley 45, Winfield 38. McGill 55, Coffee 41.

Finals

Ensley 45, Winfield 38.

Class A Tournament

Greensboro 35, Columbia 19.
Fyffe 57, Milltown 31.
Cordova 45, Ashville 22.
Belgreen 36, T. R. Miller (Brewton) 33.
Corner 33, Springville 30.
Union Hill 66, Monroeville 34.
Perry County 43, Tuskegee 42.
Hubbertville 37, Midland City 27.

Quarter-Finals

Union Hill 34, Corner 29. Perry County 37, Hubbertville 29. Fyffe 46, Greensboro 39. Cordova 37, Belgreen 31.

Semi-Finals

Union Hill 45, Perry County 26. Fyffe 50, Cordova 48.

Finals

Union Hill 40, Fyffe 33.

KENTUCKY

By JOHNNY CARRICO

L OTSA folks had doped out the 1950 Kentucky high school basketball champion as early as 1949.

When Lexington Lafayette finished second to Owensboro in the 1949 meet with a bunch of yearlings, tournament observers predicted the Generals would come into their own the next year. And Ralph Carlisle's smooth band of Bluegrass Bombers did just that.

Rated on top of the commonwealth cage standings all season long, the Generals came into the 33rd annual state tournament the shortest-priced favorite in the history of the meet. They opened up with a 63-41 blistering of Louisville Male, followed with a 73-53 conquest of Fairdale in the quarter-finals, eliminated Corbin 75-65 in the semis and polished off Clark County 55-51 in the final.

Carlisle, a former all-Southeastern Conference basketball player with Kentucky, was rewarded with "Coach of the Year" honors in the annual poll conducted by *The Louisville Courier-Journal*. His Lafayette club is rated one of the best shooting outfits in the tourney history; it averaged 49.8 per cent for its four tourney successes.

Adolph Rupp of Kentucky promptly signed up four of the Lafayette performers even before they had stopped celebrating the school's second state championship in eight years. The Wildcats laid claim to Brown Sharp, Bob Mulcahy, Buddy Adams and Jim Weiland.

The Courier-Journal all-State team included these boys: Dick Prater (Pikeville), Mulcahy, Dan Swartz (Owingsville), Bob Houk (Flaget), Leon Inglish (Sharpe), Jim Wells (Clark County), Albert White (Meade Memorial), Gayle Rose (Paris), Beldy Massey (Somerset) and Frank Selvey (Corbin). Prater, Inglish, Rose and Wells were 1949 selections also while Houk was an end on the 1949 all-State football team.

White shattered "Wah-Wah" Jones' national mark of 2,398 points in a four-year span at Harlan by finishing his career at Meade Memorial with 2,852 points. George Hart of Frances also surpassed the Jones record.

Conference champions were:

South Central — Tomkinsville; Eastern — Catlettsburg; Three Rivers — Frances; Big Sandy — Martin; Dixie League — Sonora; Western — Paducah Tilghman; Northern — Newport; Cumberland Valley — Lone Jack.

Winners of regional tournaments, who advanced to the state final, were: First — Paducah Tilghman; Second — Dawson Springs; Third — Owensboro; Fourth — Central City; Fifth — Tompkinsville; Sixth — Campbellsville; Seventh — Louisville Male; Eighth — Fairdale; Ninth — Newport; Tenth — Maysville; 11th — Lafayette; 12th — Bush; 13th — Corbin; 14th — Hindman; 15th — Pikeville; 16th — Clark County.

The Louisville Invitational tournament was won by Male, with Flaget the runner-up.

The complete results of the 1950 tournament:

FIRST ROUND

Upper Bracket

Campbellsville 69, Bush 49. Central City 60, Tompkinsville 51. Maysville 56, Owensboro 40. Clark County 58, Newport 47.

Lower Bracket

Fairdale 53, Hindman 49. Lafayette 63, Male 41. Paducah Tilghman 61, Pikeville 59. Corbin 72, Dawson Springs 50

QUARTER-FINALS

Central City 45, Campbellsville 41. Clark County 52, Maysville 43. Lafayette 73, Fairdale 53. Corbin 63, Paducah Tilghman 53.

SEMI-FINALS

Clark County 59, Central City 55. Lafayette 75, Corbin 65.

FINAL

Lafayette 55, Clark County 51

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MISSISSIPPI

By MAYS HUNTER

WELL, for the second straight year Coach A. I. Rexinger's Natchez Rebels sopped the Big Eight (een) basketball crown. Paced by Sophomore Center Bennie Jack Wilson and sensational forward, Gene McGhee, the Rebels dominated the tournament. Beating the Hattiesburg Tigers in the finals was quite a feat. The Tigers were seeded No. 1 and were playing on their home court. In the afternoon's semi-final game, Hattiesburg hardly worked up a sweat whipping Laurel, while Tupelo extended Natchez to the utmost and only lost out at the free throw line. It looked as if it were going to be a runaway for the Tigers with the Rebels dead on their feet by half time. But Wilson, McGhee and Co. came back strong controlling the back-board and ran the Tigers into the floor, winning out by a 41-37

Some of the better individual performances were put on by Don Blasingame of Corinth, who brought the crowd to its feet time and again with his fast dribbling and sensational one-hand jump shots. . . . Hilton Collier, Tupelo's Golden Boy, who is a master of the one-handed push shot. . Gayle Moore, Hattiesburg, put on a beautiful show with his long set shots from out near the center of the court. . . . Harold Goldstein, huge pivot man of Columbus, scored 26 points against McComb for the highest tally in a single game. . . . Bennie Jack Wilson, gangling soph from Natchez, who controlled the back-

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NATCHEZ HIGH VARSITY - REBELS

From left to right, first row: Kenneth Massey, Jack Varnado, Johnny McClide, Ray Sewell. Second row: Albert Schillings, Johnny Smith, Chas. Gilbert, Karl Thomas, Gene McGhee and Edward Beeson. Third row: Jannings Dixon, Robt. Herring, Benny Jack Wilson, Bill Zimmerman, Albert Metcalfe and Joe Cavallas.

board as if he owned it . . . and the incredible little Gene McGhee who does everything exceptionally well. He made the All Big Eight squad in 1948, was the most outstanding player in the Tournament last year, and also did it again this year.

Players winning berths on the tournament All-Conference teams were:

First Team

Forwards: Hilton Collier, Tupelo; Mickey Herrington, Hattiesburg; Chris Andrews, Greenwood, and Ernie Breithaupt, Vicksburg.

Centers: Bennie Jack Wilson of Natchez and Billy Curbow of Tupelo. Guards: Sid Smith, Greenwood; Don Blasingame, Corinth; Gayle Moore, Hattiesburg, and Gene Mc-Ghee, Natchez.

Second Team

Forwards: Gary Phillips, Tupelo; Barney Meadors, Laurel; Robert Herrin, Natchez, and Johnny Smith, Natchez.

Centers: Harold Knight of Meridian and Bobby Joe Leslie of Jackson.

Guards: John Latimer, Gulfport;

Fabian Boatner, Tupelo; Joe Parish, Laurel, and Donald Joseph, Vicksburg.

Another repeater champion from last year was the Hinds County JC Eagelettes who seem to want to establish a monopoly on the State JC crown.

Coaches of teams competing in the tournament chose 14 players on the All-State squad. Repeaters from last year were Betsy Warren, standout Hinds guard; Gloria Cutrer, able southwest guard, and Jeanette Clark, fine Booneville forward. Sharp shooting Dot Harrison of Hinds led the forward voting, while Warren paced the guards. Northeast's good semi-finalist crew also was represented by Geraldine Yates, who operated at both guard and forward. Yates was one of the tourney's top scorers. Although eliminated in the opening round, Holmes placed two players on the squad, Rebecca Killingsworth and Betty Smith. Smith, the whistling, ever-hustling blonde guard, was one of the individual stars of the entire tournament.

(Continued on page 46)

SOUTH CAROLINA

By DON BARTON

College

wo teams with elongated centers Theld the spotlight and mythical championships in South Carolina collegiate basketball for 1949-50.

The University of South Carolina Gamecocks were undisputed Big Four leaders, going through unbeaten in state play, while Erskine lost but one game in Little Four during the regular season, to Wofford, and went on to capture the crown in a post-season tournament. Both those teams were recognized as tops in their classes.

The Gamecocks, with six foot, 11 inch Jimmy Slaughter setting the scoring pace, were the only South Carolina team to receive an invitation to the annual Southern Conference tournament, an honor they earned by winning 12 while losing but five games in conference play.

They placed fourth in that category.

However, when the tourney arrived the Carolinians didn't have the team that carried them there, for all-state guard Don Cox, a high scorer, play-maker and defensive standout, was put out of action by a sprained ankle. The Gamecocks took a 53-41 beating from Duke in the opening round.

Slaughter led the conference in scoring with a record breaking 338 points and added 21 in the tournament game. His seaon's total was 421 points in 21 games, an average of 20 per contest. He was named to the first team on the Associated Press All-Southern.

It was Jack Olive, a 6-6 center for Erskine that led the South Carolina scorers when all games were played with 430 points, a new record in that department. He had trailed Slaughter in regular season play, but points scored in two games in the Little Four tourney boosted him ahead.

Erskine won that play-off by beating Newberry and Wofford, which had downed Presbyterian in the first

Clemson had one of its better teams in recent years, but missed the conference tournament by one game and dropped decisions to South Carolina and Furman in an 8-8 loop record. Jack Snee and Doug Haugk were the more consistent performers for the Tigers.

The Associated Press all-state voting was led by Slaughter, with Olive in the runner-up position. Cox of USC, Dwight Groninger of Presbyterian and Bernie Puckhaber of the College of Charleston rounded out the honor quintet.

The second team was composed of Effie Evington of Furman, Jack Snee of Clemson, Bill Browning of Erskine, Wally Dean of Wofford and Doug Haugk of Clemson.

Final records in regular season games for all-state teams were as follows:

											Won	Lost
Erskine											15	7
Carolina								٠			13	8
Clemson								,			10	10
Wofford	٠			4	٠	٠		9			9	12

Furman												9	12
Newberry													10
Charleston													12
Presbyterian											٠	7	12
The Citadel .												4	16
H	li	g	h	1	S	c	h	•	10	1	S		

Parker High School of Greenville, coached by White Kendall, was recognized as the number one team in South Carolina this season by virtue of its record in games with state foes and a championship in the Class AA Sumter Invitational tournament at the season's end.

There are no official AA titles of any kind in South Carolina, but the Golden Tornado was, without question, tops. They lost but one game in the state, early in the season to Spartanburg, a team they later defeated by a big margin and against whom they scored 99 points. In

(Continued on page 46)



Don Cox, left, and Jim Slaughter, South Carolina's "Mutt and Jeff" conbination. Both were named to the all-state first team, with 6-11 Slaughter leading the voting. Slaughter was an All-Southern Conference choice and led the league in scoring with 338 points. Cox is a sophomore, Slaughter a junior.

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FLORIDA

By RAY CHARLESTON

Darkhorse Jesuit of Tampa turned back three seeded teams to capture the Class A basketball championship in the University of Florida's new gymnasium.

The steady Tigers from the Cigar City whipped Jacksonville Jackson, 55-48, in the finals after beating St. Petersburg, 58-53, and Jefferson by a 39-38 count. Jefferson was seeded No. 1, Jacksonville Jackson No. 3 and St. Petersburg No. 4.

Seabreeze High of Daytona Beach captured the Class B laurels for the third consecutive year by scoring a 55-53 triumph over South Broward.

Tavares walked off with the Class C title by nipplng Macclenny-Glen, 22-18. Tavares was seeded No. 3 and Macclenny-Glen No. 4.

Defending Class A champion, Miami Senior High, failed to enter the State competition, having bowed out in the opening round of regional play.

Havana, Class C champion for three consecutive seasons, missed its chance for a fourth straight title by losing a 41-36 game to Macclenny-Glen in the second round of the State meet.

The three State tournaments ran smoothly under the direction of Sam McAllister, University of Florida basketball coach; Joe Sherman, head of the university's publicity depart-



BIG TEN BASKETBALL CONFERENCE CHAMPIONS

Members of Jacksonville Jackson's Big Ten Basketball Conference championship squad are, first row, left to right: Sonny Powell, Willie Ratlieff, Capt. Billy Barker, Russell Lea and Ray Meeks. Second row, left to right: Ronnie Jowers, Bobby (Bones) Combs, Sammy Griffis and Jimmy Proctor. Not shown is Gene McKenzie, high-scoring forward.



ment, and Elgin White, Sherman's

All-State players selected by sports writers attending the State tournaments follow:

Class A: Willie Ratlieff, Sonny Powell and Gene McKenzie, all of Jacksonville Jackson; Don Rodriguez, Bob Herrick and Jim LaRussa, all of Tampa Jesuit; Richard Casares and Angel Lopez, both of Tampa Jefferson; Ed Elliott of West Palm Beach and Pensacola's Jimmy Tringas.

Class B: Jack Smith and Jim Moore, both of South Broward; Jim Tom Byrom, Jerry Brock and Jim Brockoven, all of Seabreeze; Ed Bass of Vero Beach, Dick Pellicer of St. Joseph Academy of St. Augustine; Bill Wisner of Tarpon Springs, and Charles Brown and Ken Anderson of Marianna.

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Class C: Red Gray and Don Butler of Havana; Joe Newmans, Noel Chessman and Dwight Harris, all of Macclenny - Glen; Bo Averitt and Fate Jones of Tavares; Henry Gonzales of OLPH of Tampa, and Don Strickland and Tom Starling of Wewahitehka.

Coach Phil Craig's Jacksonville Jackson quintet snared the Big Ten Conference championship while Tampa Jefferson finished in second place. The Tigers and Dragons met twice in the season, Jackson winning the first meeting and Jefferson taking the second.

The Big Ten Conference does not stage a loop tournament.

Favored Mainland High of Daytona Beach won the Northeast Conference championship but the Buccaneers were pressed all the way before sinking a stubborn Leon High of Tallahassee quintet.

Leon battled the powerful Bucs to a 52-all stalemate at the end of regulation time but then went down in an overtime, 56-53.

Leon lost but it was no fault of the loser's brilliant center, Billy Vanzant who dropped in one-handed shots from all angles, hitting 12 baskets and five free throws for a total of 29 points.

Forward Bill Shiles of Mainland, who shot 12 points in the titular game, was awarded a trophy as the tournament's outstanding player in addition to winning a berth on the All-Star team.

Other players named to the honor outfit were:

Gene Bowden Fletcher of Jacksonville Beach; Hebron Self of Gainesville, Tommy Ives of Lake City, Ronald King of Mainland, Bubber Williams of Jacksonville's Bolles, Larry Sharpe of Jacksonville's St. Paul's, Sonny Adams of Gainesville and Vanzant.

Stuart walked off with the boys' and girls' championships in the Indian River Conference Tournament as the Tiger quint toppled favored Melbourne, 38-34, and the girls battered Clewiston, 64-33.

Sharp-shooting Lamar Howard paced Stuart's victory with a 17-point performance. Ann Leach and Pat Heirs notched 32 and 23 points, respectively, for the winning sextet.

Howard was named captain of the IRC All-Tournament team, the fourth straight year that he has been chosen on the mythical combination.

Other players selected were: George Bennett of Melbourne, alternate captain; Al Vangura of Cocoa, Bobby Barnes of Cocoa, Joey Prine of Cocoa, Bobby Lynch of Titusville, Pete Barr of Stuart, Dave Twiddy of Clewiston, and Norm Gran of Melbourne. Honorable mention went to Ernie Redish of Clewiston, Phil Springer of Stuart and Dick Collins of Okeechobee.

Crescent City won both boys' and girls' division laurels in the St. Johns Conference, the boys beating Callahan, 32-28, and the girls scoring a 49-41 decision over Macclenny.

The All-Tournament boys' team:

Charles Johnson of Hilliard, Philip Alvers of Crescent City, Walter Waymour of Pierson, Tommy Ford of Callahan, Earl Howell of Green Cove Springs, Pasco Cade of Seville, Warren Thomas of Callahan, Jack McKendrie of Yulee, Shelton Harris of Crescent City, and Louis Jones of Callahan.

The All-Tournament girls' team:

Madeline Stokes of Baldwin, June Woodward of Seville, Faye Delzell of Crescent City, Shirley Dugger of Macclenny, Dorothy Corley of Seville, Mary Harvey of Macclenny, Elizabeth Dobson of Sanderson, Elizabeth Coward of Bunnell, Jean Rhoden of Macclenny, Flora Ann Allen of Crescent City, Lillian Wicks of Yulee, and Marian Burnett of Sanderson.

Three championships — senior boys, junior boys and girls — were decided in the North Florida Conference Tournament.

Perry won both the senior boys' and the girls' crowns while Florida Demonstration School took the junior boys' title. Perry's boys defeated Cross City, 54-41; Perry's girls beat Monticello, 27-24, and Florida Demonstration School nipped Foley, 33-29, in an overtime tilt.

All-Tournament team berths in the senior division were awarded to: Devane, Jennings; Shuman, Monticello; Holton, Perry; Green, Perry; Lepsworth, Greenville; Grey, Cross City; Langston, Sopchoppy; Rowell, Mayo, and Osteen, Mayo. Sopchoppy won the sportsmanship award.

Florida Demonstration School won the sportsmanship award in the junior division play. The All-Tournament team included Price, Lee; Hamby, Perry; McHargue, Foley; Hatcher, Foley; Hamilton, Monticello; Sauls, Monticello; Tinson, Madison; A. Brown, Pinetta, and Burton, Demonstration School.

The classy Seabreeze High Sand Crabs of Daytona Beach, State Class B champions in 1948-49, smacked De-Land, 39-27, to win the East Florida Conference title.

The Sand Crabs placed three men (Continued on page 47)

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SOUTH CAROLINA

(Continued from page 43)

breezing through the Sumter tourney, Parker trounced Florence, 51-34, in the finals, after stopping Anderson and Sumter.

Florence reached the finals by edging University of Columbia by one point, and University defeated Sumter in the consolation game. Charleston, seeded number one before the tournament, had lost most its championship squad from the year before and wasn't in the running.

An all-tournament team, picked by the coaches, included Marvin Bradley of University, Bruce Kirkpatrick of Parker, Jack Neeley of University, Don Newton of Parker and Dave Johnson of Florence.

CLASS A

Lancaster's boys won the Class A state title by downing the lower state champions Darlington, 31-28, while the Aynor girls from the low-country downed Gaffney, 26-21, in the finals.

In Class B, Piedmont's boys were a sensation. They won 27 straight games through the overall season and walked away with the upperstate play-offs. Moultrie of Charleston was the lower-state champ, but lost to Piedmont, 51-41, in the finals.

Marion (lower-state) won the Class B girls' title with a 40-27 triumph over Lewisville.

In Class C, McClellanville's lowerstate boys won out over Calhoun Falls, 44-20, and Hannah's girls defeated the upper-state winners, Greenbrier, 38-32, in that division.

A Class AA tournament for girls was held at Camden, and the Camden sextet defeated Anderson, 31-29, for the championship. Chicora of Charleston won the consolation, 37-22, over Conway.

MISSISSIPPI

(Continued from page 42)

The 1950 All-State Squad

Forwards: Dot Harrison, Hinds; Jeanette Clard, Booneville; Sue Davis, Itawamba; Marguerite Allred, Co-Lin; Rebeca Killingsworth, Holmes and Frances Kurkyendall, Southwest; Jill Ray, Hinds.

Guards: Betsy Warren, Hinds; Gloria Cutrer, Southwest; Betty Smith, Holmes; Geraldine Yates, Northeast; Ruth Bailey, Jones, and Sythel Beard, Jones; Elsie Hinton, Jones.

Honorable Mention

Forwards: Davis, Sunflower; M. Collins, Holmes; Meadows and Rushing, East Central; Smith, East Mississippi; Dean, Jones; Ray and Morris, Hinds; Dillon, Summit; Simmons, Perkinston; Whittington and McSwain, Jones; Maddox, East Mississippi; Echols, Co-Lin.

Guards: King, Clarke; T. Cutrer, Southwest; Brown, Perkinston; Edwards, Holmes; Howard and Johnson, Hinds; Linton, Jones; Ollie, Sunflower; Boykin, Jones; Turner and Fikes. Decatur.

JOHN BRADBERRY

Well-known throughout the South as the colorful sports editor of The Atlanta Constitution, John Bradberry recently resigned from this position to become promotion and advertising director of Reeder and McGaughey, sporting goods distributors. His new duties consist of handling increased advertising and co-ordinating all promotional efforts.

Joining The Constitution staff in 1937, Johnny was made assistant sports editor in 1940. He entered the Army in counter intelligence corps in 1943, returning to The Constitution in 1944 to the pricing of sports of the

1946 to the position of sports editor.
During his career at The Constitution, Johnny's sports coverage took him to such outstanding events as the Kentucky Derby, World's Series, various football bowl games and Masters' Golf tournaments.

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JEWELL McDOWELL

(Continued from page 20)

best player on the court last night. The young man is great offensively and defensively. He came to Waco with that reputation. It was not tarnished last night. (Later—commenting on all-conference possibilities) McDowell and Hamilton HAVE to go on the all-star team. All other places are doubtful.

JACK MURPHY, Fort Worth Star Telegram: McLeod of TCU tallied 27 points but the Aggies off-set his brilliant play with Davis' 21 points and steady floor play from McDowell and Turnbow. It was McDowell's heady leadership that almost won for the Farmers without an overtime period. He guided a stall that began two minutes and ten seconds before the gun, keeping control until 19:50 when he bounce-passed under the bucket to John DeWitt. DeWitt dunked a cripple and that gave the Aggies a 57-56 lead and apparent victory.

JIMMY BANKS, Dallas News: Jewell McDowell sank a long, desperate shot in the last second of an overtime period here Friday night to give the Texas Aggies a 56-54 victory over Baylor. McDowell's 40-foot pitch fell through the net just as the final buzzer sounded. It gave A & M the undisputed lead in the screwy Southwest Conference basketball race. McDowell, the hero of Aggieland this night, played the entire game with a shoulder injury.

LORIN McMULLEN, Fort Worth Star Telegram: Trailing throughout the game, the Aggies still remained organized, ralied each time the Frogs threatened to pull too far away and still functioned as a unit even at the last when they trailed by a point and had less than a half minute to do or die. Orderly execution under the trying circumstances seemed due, chiefly, to the extremely able direction of young Jewell McDowell, who lived up to all his advance notices In McDowell, the

Aggies have come up with what most everyone agrees is the best "outside man" in the Southwest Conference. McDowell is superb in his field and about the most consistent performer in the circuit.

CHARLEY BURTON, Dallas News: (in picking his idea of an all-conference team) Now, let's put together a team that can dribble, pass, shoot, play defense and turn in a sparkling general game night after night with the pressure on. Well, how does this sound to you?

Guards — McDowell of A & M and Miller of Arkansas. Center — Hamilton of Texas.

Forwards — Heathington of Baylor and Brown of SMU. JOHNNY LIONS, Houston Post: The brilliant little McDowell is a superb defensive player, fine dribbler and ranks among the five top scorers in the Southwest Conference. The little fellow is fast and quick and is particularly hard to guard because he has a variety of shots.

TEXAS ROUND-UP

(Continued from page 34)

"I could quiet the wolves somewhat by sending a token team to the district meet next week, but I have no intention of doing so. Spring football is over and it would have been possible to field a team IF spring football were the reason for dropping track and not the reasons discussed above."

— 3 — A Clean Bill of Health

In view of the above explanation we would return a verdict of "not guilty." Tipps also included the general apathy toward track in the entire Panhandle and an apology for putting the coaches' association in general and the football coaches in particular in an embarrassing position. We will not quote all that because anyone who isn't convinced that ole Tom has his problems, too, is too narrow to be convinced anyway.

FLORIDA

(Continued from page 45)

on the All-Conference quintet which included:

Center Jim Tom Byrom, Jim Brockoven and Jerry Brock, all of Seabreeze; Dick Watson of St. Augustine, Ed Matthews of Palatka, James Doran of Winter Park; Irvin Fulmar of Leesburg, Billy Garrett of DeLand, and Gene Hawn of New Smyrna Beach.

Havana, winner of the State Class C championship in 1947-48-49, was the startling quintet in the Chipola Conference. Havana, always a smooth tourney outfit, bumped three seeded teams to annex the conference crown. The payoff punch was the 32-30 win over Wewahitchka.

Marianna won the Northwest Florida Conference with a 51-33 triumph over Malone. It was the last tournament as a unit for the conference which has been split into two groups because of travel distances.

Jesuit of Tampa brushed aside Fort Myers by a 56-37 count to win the South Florida Conference meet.

Brooksville won the West Florida

Conference by stopping Inverness in a thriller, 41-40.

Vero Beach nipped Miami Beach in the Gulfstream Conference finals, 37-35.

Alachua went past Bronson, 24-22, for top honors in the Suwannee Conference.

Winter Garden edged Apopka, 27-25, for the Central Florida Conference diadem.

St. Paul's of St. Petersburg won over Brewster, 45-33, for top spot in the Tampa Bay Conference.

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TEXAS (Continued from page 39)

The all-tournament teams at A & M were:

First

Forwards: Auerilo Ramirez, Lon Morris; Oneal Weaver, Tyler. Center: Royce Ray, Tyler.

Guards: Alberto Renta, Lon Morris; Tommy Hancock, Tyler.

Second

Forwards: Bill Bybee, Amarillo; Jackie Henderson, Lon Morris.

Center: Gerald Rogers, Amarillo. Guards: Pence Dacus, Tarleton State; Jerry Champion, Tyler.

Hancock was picked as the most valuable player in the tournament. The final standings in the Southwestern Junior College Conference:

Tear	n											W	L
Tyler												14	0
Paris													4
Lamar												7	7
Schrein													8
Tarleto	r	1	S	t	a	t	е					6	8
San A												5	9
Kilgore												5	9
Arling												3	11

Lon Morris of Jacksonville, coached by O. P. Adams, continued to dominate the Texas Junior College Conference. In the conference tournament composed of the four zone champions, Lon Morris defeated Amarillo 74-72 for the crown while Allen Academy beat Ranger 75-47 for third place.

Oneal Weaver of Tyler who was the sensation of the 1949 state high school tournament with his championship Martin's Mills team, was high scorer of the Southwestern Junior College Conference with 544 points. The all conference teams:

First Team

Forwards: Auerillo Ramirez, Lon Morris; Bill Bybee, Amarillo.

Center: Gerald Rogers, Amarillo. Guards: Alberto Renta, Lon Morris; Truman Crews, Lon Morris.

Second Team

Forwards: Jack Henderson, Lon Morris; Buddy Travis, Amarillo.

Center: Vernon Barton, Allen Jerry Cook, Ranger; Louis Fickey, Allen.

SOUTH TEXAS

Wharton continued its dominance of the South Texas Conference by losing only one game in conference play while winning eleven. Coach Johnnie Frankie's five also represented his conference in the State Junior College tournament at College Station.

The individual scoring leaders:
Dalphard Coleman, Victoria, 241.
Bill Butler, Del Mar, 214.
Final Conference Standings:

I multi our	TTCI CIIC			500
Team	w	L	Pts.	Opp. Pts
Wharton	11	1	730	456
Del Mar	10	2	752	551
Laredo	8	4	697	649
Victoria	5	7	582	607
Edinburg	5	7	540	605
SWTJC	2	10	499	619
Southmost	1	11	506	819
The all-c	onfere	nce te	eams:	

First Team

Dalphard Coleman, Victoria. Gerald Cecil, Wharton. J. V. Davis, SWTJC (Uvalde). Enoch Herrington, Laredo. Bill Butler, Del Mar.

Second Team

Jack Buckle, Del Mar. Clifford Hart, Del Mar. Dave Gilder, Wharton. Tommy Irwin, Wharton. Billy Bob Stewart, Laredo.

TRAINING

(Continued from page 29)

cleanliness will prevent the contagion of either of these infections. Keep mats, suits, and area clean, and you can lick the impetigo or boil spread. Do not permit members of the Squad, afflicted with either, to continue their wrestling until they are well.

For impetigo, cleanse infected area with 1/2000 mercuric chloride solution. After drying, a 10% solution of ammoniated mercury ointment is applied. Ordinarily, it takes about three or four treatments to cure the disease. Also, short, frequent exposure to ultraviolet lights gets good results.

For boils, have them lanced, then the core and pus should be taken out. Cover all boils with sterile bandage. This prevents them from spreading. Exposure to ultraviolet lights shows great results.

Wrestlers, encountered with impetigo and boils, should have all their practice clothes, towels, sox, supporters and gym equipment, cleaned in an antiseptic solution and be set out in the sunlight to dry. The best way to get at these diseases, is to prevent the cause — dirt. Keep the wrestling area clean, and you'll have a healthy wrestling team.

Cauliflower ear — This condition is caused by any hard blow, rubbing or rolling, which so parates the skin from the cartilage of the ear. This separation causes an inside bleeding between the cartilage and skin. If not promptly and properly treated, the blood will clot and finally change into solid tissue.

At time of injury, use ice water applications with pressure to stop further bleeding. This is used as an emergency treatment.

When the blood has been coagulated, have the physician make an



Front row, (left to right): Merwyn Pittman, Hector Oliveras, Juan Renta, Rafael Deliz, Alberto Renta. Middle row (left to right): Herbert Blessing, Roy Brewer, Jack Henderson Truman Crews, Auerilo Ramirez. Back row (left to right): Coach O. P. Adams, Jim Colville, Bo Ousley, Earnest McCarty, James Green, Buster Alford, Rhea Coppedge, Don Benton, mgr.



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incision and express the clots by thorough scraping, after which the wound is sutured.

If a physician is not had easily, use heat, and treat the ear intensively with the heat. This will hasten the absorption of the effused blood and serum.

This ear condition can be entirely prevented by providing every member of the squad with a wrestling helmet.

Sprains — Ankle sprains should be treated immediately, with ice cold packs, for 15 to 30 minutes, to cut down or arrest the internal hemorrhage. After which, apply a pressure bandage. Then permit the athlete to sleep with the leg elevated.

The next day, 24 hours later, remove the pressure bandage and start treatment. All of this will, of course, be done after the injury has been diagnosed as only a sprain.

Use hot whirlpool bath, alternately with cold immersions, using hot for five minutes and cold for one minute for four treatments.

Strap the ankle only for practice and matches. Early use of the joint prevents atrophy of disuse and formation of stiffening adhesions, and this hastens the whole healing process.

Pulled Ribs—Received, usually by wrestlers when their bodies are twisted, when they are tightly bound. Determine the degree of injury by using pressure of the finger tips along the ribs.

Taping has been used for treating this injury. Here at West Virginia University, I use the Zimmerman belt instead of taping. This cuts down on the usage of daily applications of tape. It feels more comfortable when the patient sleeps. Also, it is very economical, and can be had for a small sum. Above all,

it offers the amount of protection and support for the whole thoracic cavity, as well as for the ribs.

After 24 hours, start heat treatments over the injured area, with heat lamps, for 25 to 35 minutes. It usually takes about 5 to 7 weeks for complete recovery, depending upon the extent of the injury.

To guard against broken ribs, always have the ribs X-rayed, under consultation of the team or school physician.

Synovitis — Inflammation of synovial membrane lining a joint. Found chiefly around the knee joint. The fluid (synovial fluid) effuses in the joint. This state is usually a symptom for either a bruise, a sprain, loose cartilages, etc., around the knee joint. A severe blow, or a hard fall on the knee joint, as suffered in a fall on the mat, causes this knee injury.

Apiration, drainage, of the fluid is used by many team physicians. After drainage, compression is the most favorable treatment. Absolute rest for 24 hours is a must in this injury.

Guard against knee injuries, and bruises, by having the wrestlers use knee pads for practice. This will help in getting the knees in shape for the all-out matches.

Training, in any sport, is really living a regular, human, everyday life. As discussed above, regularity in exercise, sleep, and diet, plus a "must" alcohol and tobacco abstinence, will make for a better, hardier, conditioned wrestler.

Your boys have to want to become winners; and have to want to train earnestly, before they can carve their niche in wrestling. After a boy acquires this desire for work, all it takes is direction and encouragement on your part.

You have to want to win — before you can win. Also, you have to want to train, before you can train.

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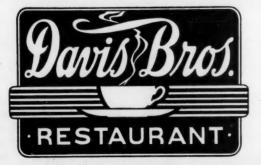
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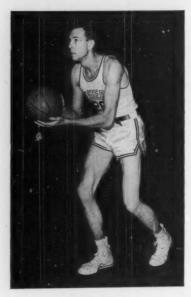
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(Continued from page 16)



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Coca-Cola Company	3
Colorado High School Coach-	_
ing School	41
Davis Brothers Restaurant	49
Eastern Pennsylvania Scholas- tic Coaches Clinic	49
Harry Finkelstein Company	44
Georgia Athletic Coaches Association	26
Georgia Marble Company	33
Marty Gilman	46
O. H. Googe	50
O. H. Googe	29
Hanna Manufacturing Co	5
Hillerich & Bradsby Co., Inc.	23
Hillyard Chemical Company.	21
Imperial Hotel	47
Ivory System, Inc Back Cov	er
Leavitt Corporation	24
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MacGregor-Goldsmith, Inc.	15
Martin-Thompson Company	5
	9
Massachusetts Mutual Life Insurance Company	47
Murray State Coaching School	41
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	45
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Schwob Company of Georgia	45
Seamless Rubber Company	19
The Selig Company	32
South Carolina Athletic	
Coaches Association	43
Southland Athletic Manufac- turing Company	36
A. G. Spalding & Brothers,	_
Inc. Steel, Inc.	7
	46
Texas High School Coaches Association	38
	48
Welco Sporting Goods Co	40
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